

BE UNSTOPPABLE

FOUNDATION

2025 Annual Report

BE UNSTOPPABLE
FOUNDATION

Mental Health Programs For Adults And Kids

In-Person Group Workshops and One-on-One Online

REGISTERED CHARITY
acnc.gov.au/charityregister

We acknowledge the Traditional Owners of the land on which we meet, the Darug Nation and People, and the indigenous people in the lands where our programs are delivered. We honour their cultures and their Elders past, present and emerging.



Achievements

Financial Year: July 2024 to June 2025



BE UNSTOPPABLE
FOUNDATION

Achievements: FY 2024 to 2025

Transforming the Lives of Adults and Kids in Our Community

By Cultivating 'Positive Mental Health'

$537,000+

In Grants and Donations
From July 2024
to June 2025

1,851

Adults and Kids
Have Participated in
Our Programs

$290

Average Cost
Per Person in a
10 to 12 week Program



BE UNSTOPPABLE FOUNDATION

Achievements: FY 2024 to 2025

Transforming the Lives of Adults and Kids in Our Community

By Cultivating 'Positive Mental Health'

1,489
Teenagers
Have Completed
UNSTOPPABLE KIDS

12
UNSTOPPABLE KIDS
School Programs
Completed

362
Adults Have Participated in
Our Programs in Group
Workshops

1,086
Adults Have Registered
for Our Programs
Many Waiting to Start

BE UNSTOPPABLE
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Achievements since starting the Charity: 2020 to 2025

Transforming the Lives of Adults and Kids in Our Community

5,010

Adults and Kids
Have Participated in
Our Programs

4,010

Teenagers
Have Completed
UNSTOPPABLE KIDS

30

UNSTOPPABLE KIDS
School Programs
Completed

1,000

Adults Have Participated

Helping 4,000+

Individuals in Families

2,396

Adults Have Registered
for Our Programs
Many Waiting to Start

2,986 +

Hours of Teaching
and Support

Our Purpose and Values

Purposefully and Ethically

Helping the Community for Positive Impact



BE UNSTOPPABLE FOUNDATION

Our Purpose

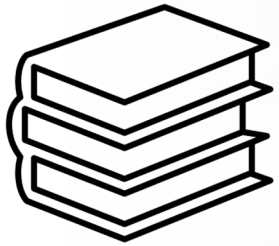
Helping Our Community

Cultivating 'Positive Mental Health' in Adults and Kids



SUPPORT

Through Counselling and Support Coaching



EDUCATE

Through 10-12 Week Structured Programs



ACTIVATE

Participants Activate Skills for Themselves and Their Families

BE UNSTOPPABLE FOUNDATION

Our Values



CARING FOR OTHERS

Our team genuinely cares about the well-being of the community, working to make a positive difference in the lives of others.



EDUCATION

We understand the power of effectively educating adults and kids with skills that can make a positive difference in their lives.



IMPACT

We are purposeful in how we educate and support others. We strategically deliver programs to teach skills that have life-long positive impact.



ETHICAL PRACTICE

Every action taken within the operations of the charity, is done ethically, morally and legally right, with the community and stakeholders at the core.

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Our Supporters

Collaborative Grant Partners

Generous Donations

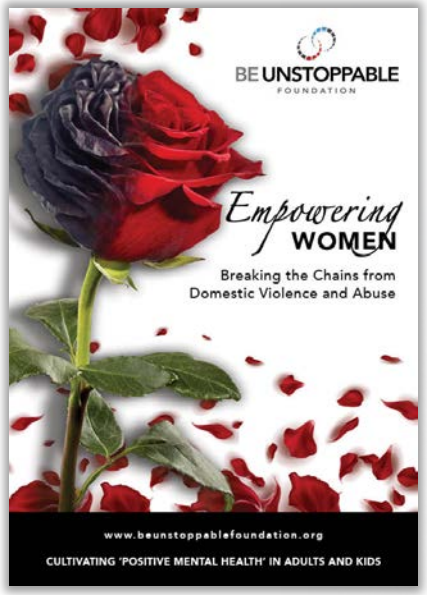


BE UNSTOPPABLE FOUNDATION

Our Supporters



Helping women and children rebuild self-esteem, self-confidence, resilience and other vital skills to meet their own needs and start their new life journey after abuse.



Funded By

CORONATION

Supported By

PARRA LEAGUES

2024 Community Grant for $10,000

Supporting the Empowering Women – Breaking the Chains from Domestic Violence and Abuse program. 10-week program delivered in-person at Parramatta Leagues in 2025.

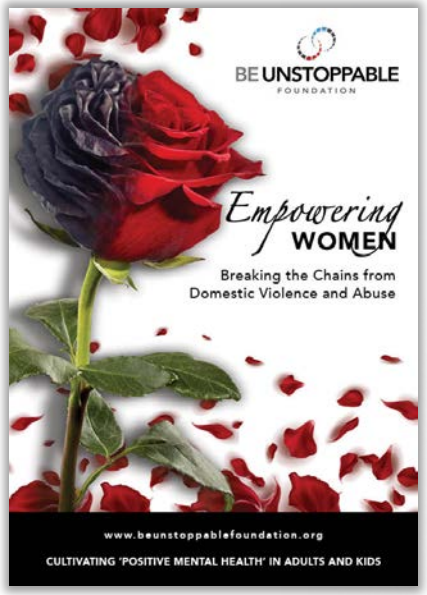
- Registered Participants: 86
- Program Capacity: 20
- Individuals Helped: 80+ through the positive ripple effect on families / friends.

BE UNSTOPPABLE FOUNDATION

Our Supporters



Helping women and children rebuild self-esteem, self-confidence, resilience and other vital skills to meet their own needs and start their new life journey after abuse.



Funded By

Coca-Cola EUROPACIFIC PARTNERS AUSTRALIA

Supported By

WENTY LEAGUES

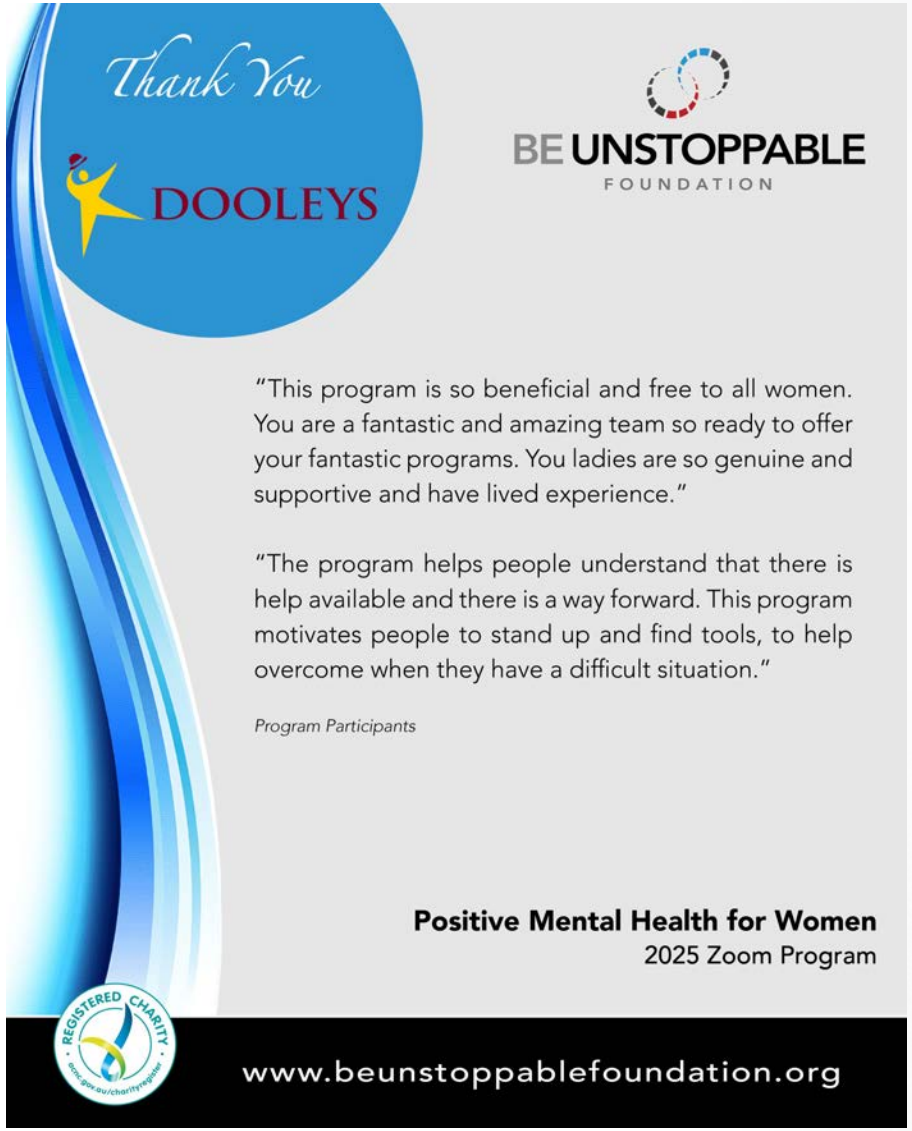
2024 Donation for $36,556

Supporting the charity's administration requirements, team training, program resources and counselling hours, as well as an Empowering Women – Breaking the Chains from Domestic Violence and Abuse program. 10-week program delivered in-person at Wenty Leagues in 2025.

- Registered Participants: 72
- Program Capacity: 20
- Individuals Helped: 80+ through the positive ripple effect on families / friends.

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Our Supporters



DOOLEYS

2024 Cumberland ClubGRANTS for $27,258

Supporting the 'Positive Mental Health' for Adults program. 2 x 12-week programs delivered via zoom workshops in 2025.

- Registered Participants: 191
- Zoom Program Capacity: 50 for 2 programs
- Individuals Helped: 200+ through the positive ripple effect on families / friends.

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Our Supporters





2024 Cumberland ClubGRANTS for $23,595

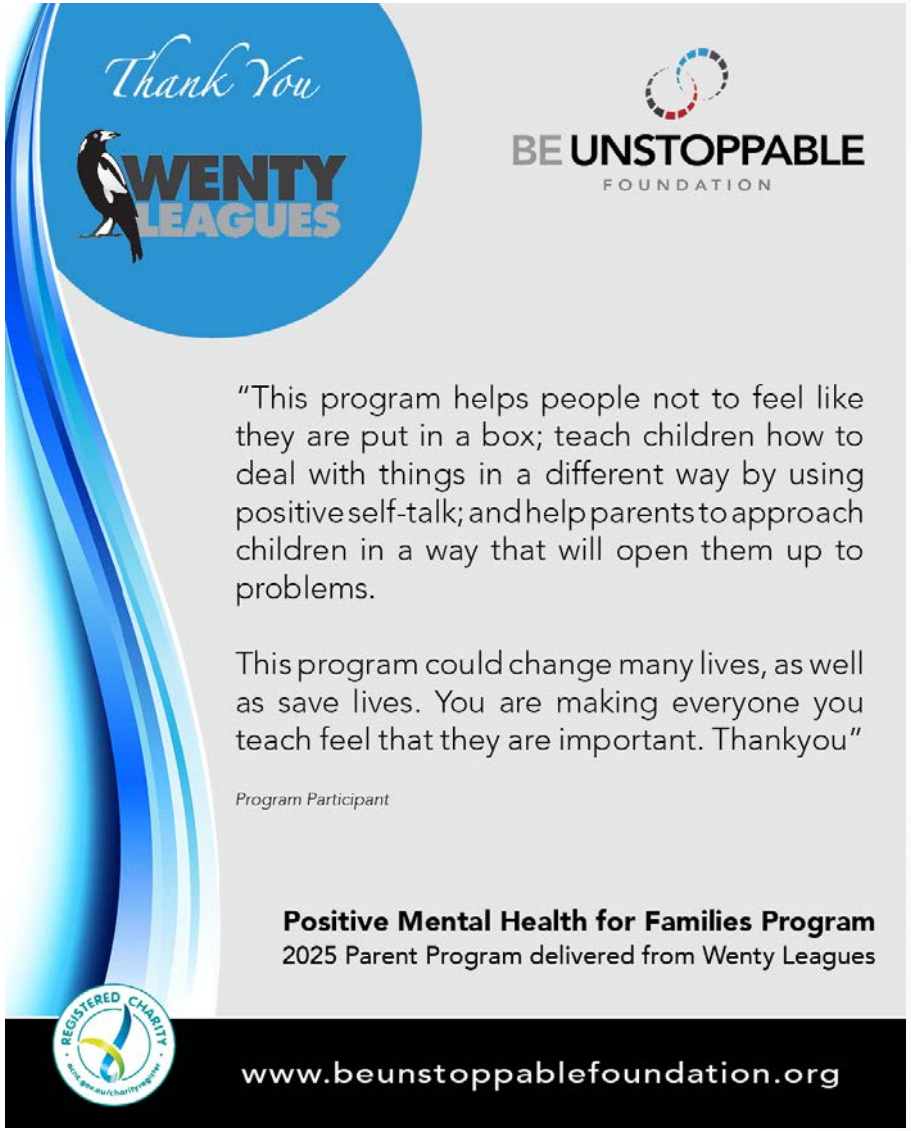
Supporting UNSTOPPABLE KIDS at three high schools.

- Auburn Girls High School – 148 year 10 students.
- Delivered in 2025 – Term 1 of School.

- Granville South High School – 50 year 8 students.
- Delivered in 2025 – Term 2 of School.

- Al-Faisal College Auburn – 200 year 9 students.
- Delivered in 2025 – Term 3 of School.

Our Supporters



WENTY LEAGUES

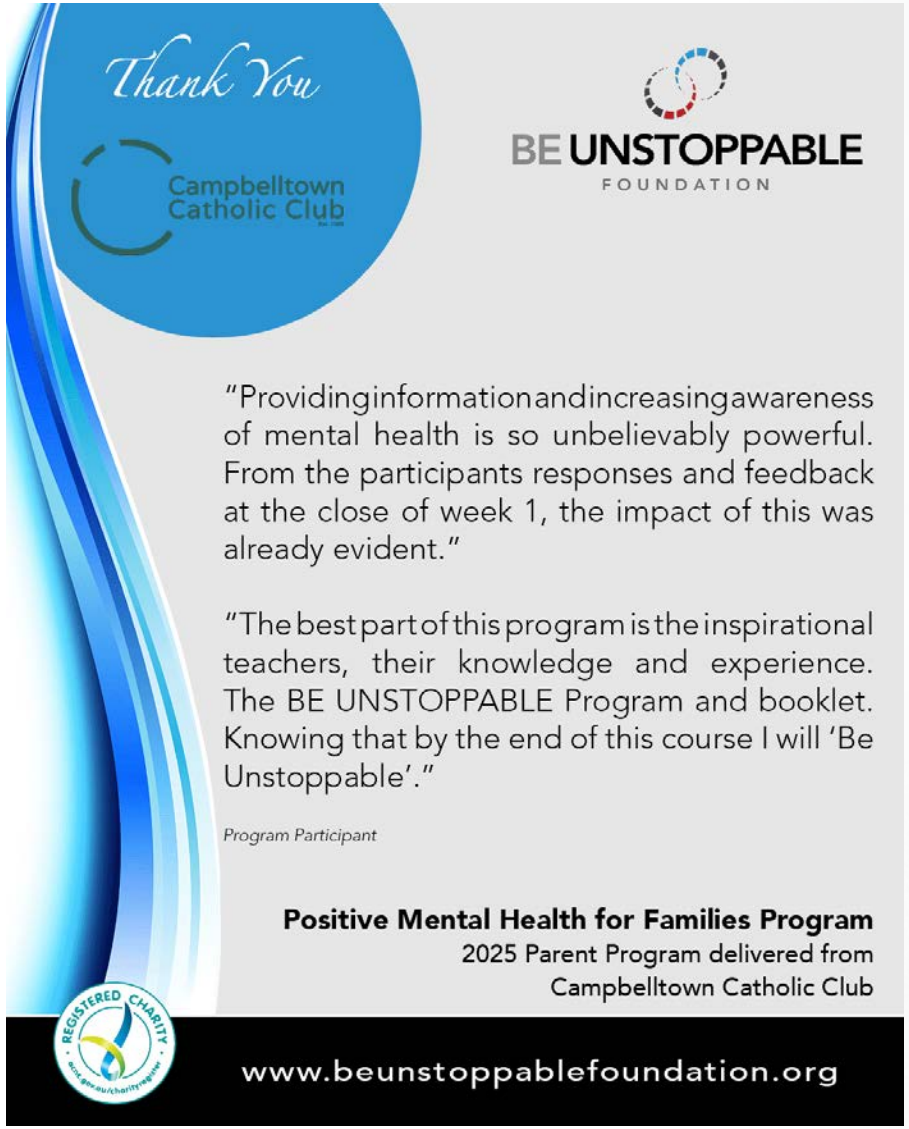
2024 Cumberland ClubGRANTS for $32,205

Supporting the 'Positive Mental Health for Families' program. 10-week In-Person program delivered at Wenty Leagues Club in 2025.

- Registered Participants: 56
- Zoom Program Capacity: 30
- Individuals Helped: 120+ through the positive ripple effect on families / friends.

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Campbelltown Catholic Club
Est. 1968

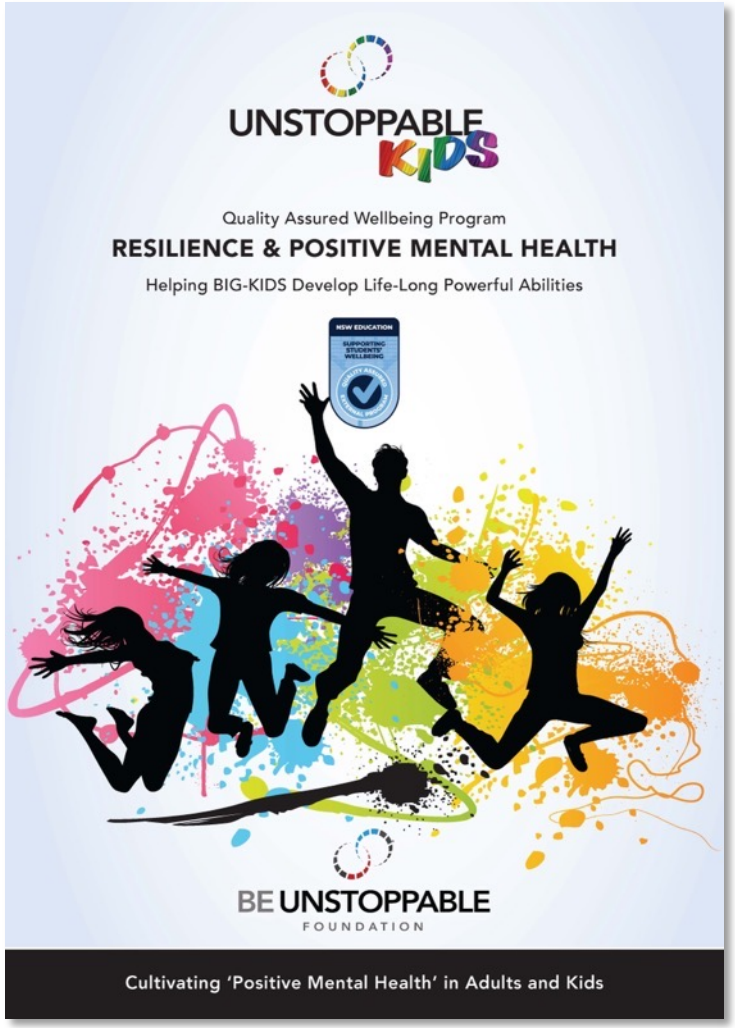
2025 Campbelltown ClubGRANTS for $33,234

Supporting the 'Positive Mental Health for Families' program. 10-week In-Person program delivered at Campbelltown Catholic Club in 2025.

- Registered Participants: 61
- Zoom Program Capacity: 30
- Individuals Helped: 120+ through the positive ripple effect on families / friends.

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Ingleburn RSL Club

2025 Campbelltown ClubGRANTS for $24,075

Supporting UNSTOPPABLE KIDS at Ingleburn High School.

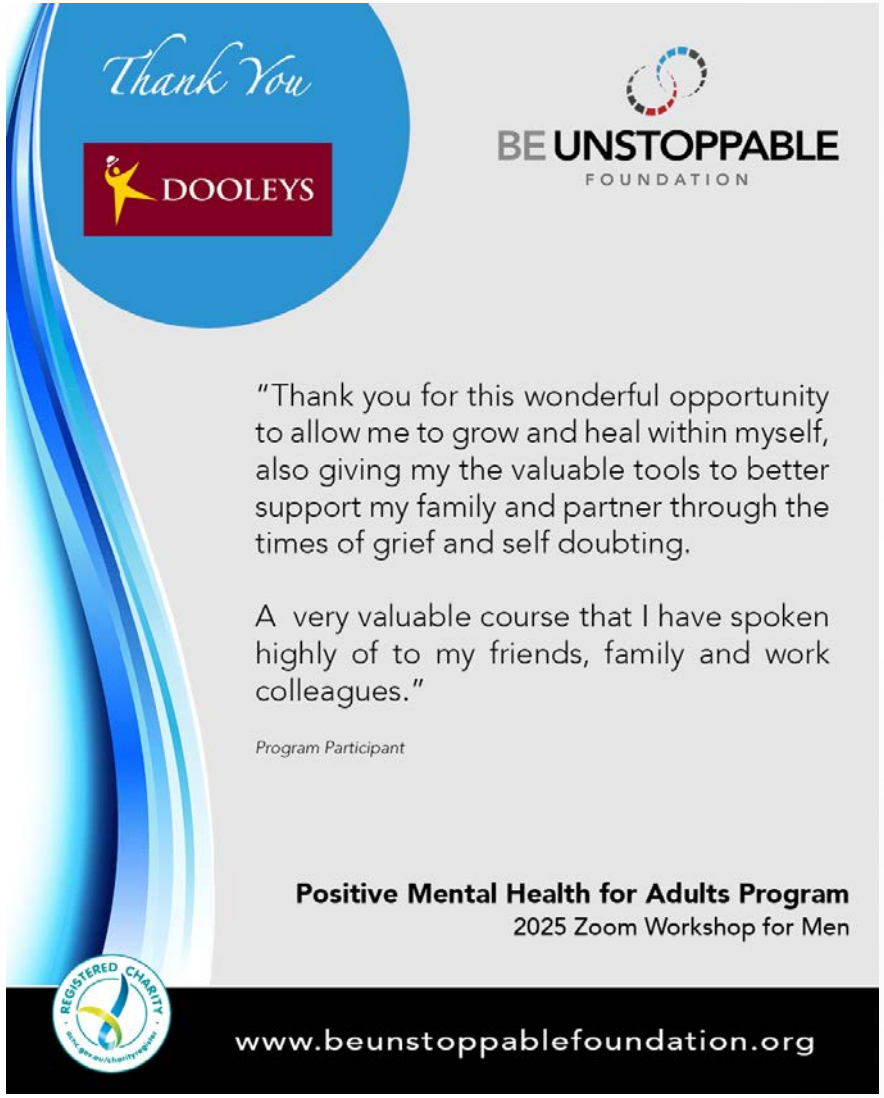
Delivered in 2025 - Term 4 of school to 135 students in Year 8.

INGLEBURN H.S
YOUR SCHOOL, YOUR FUTURE

NSW EDUCATION
SUPPORTING STUDENTS' WELLBEING
QUALITY ASSURED EXTERNAL PROGRAM

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FOUNDATION

Our Supporters



DOOLEYS

2025 Category 2

ClubGRANTS for $10,000

Supporting the 'Positive Mental Health' for Adults program for Men. 12-week program delivered via zoom workshops in 2025.

- Registered Participants: 33
- Zoom Program Capacity: 20
- Individuals Helped: 80+ through the positive ripple effect on families / friends.

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Our Supporters





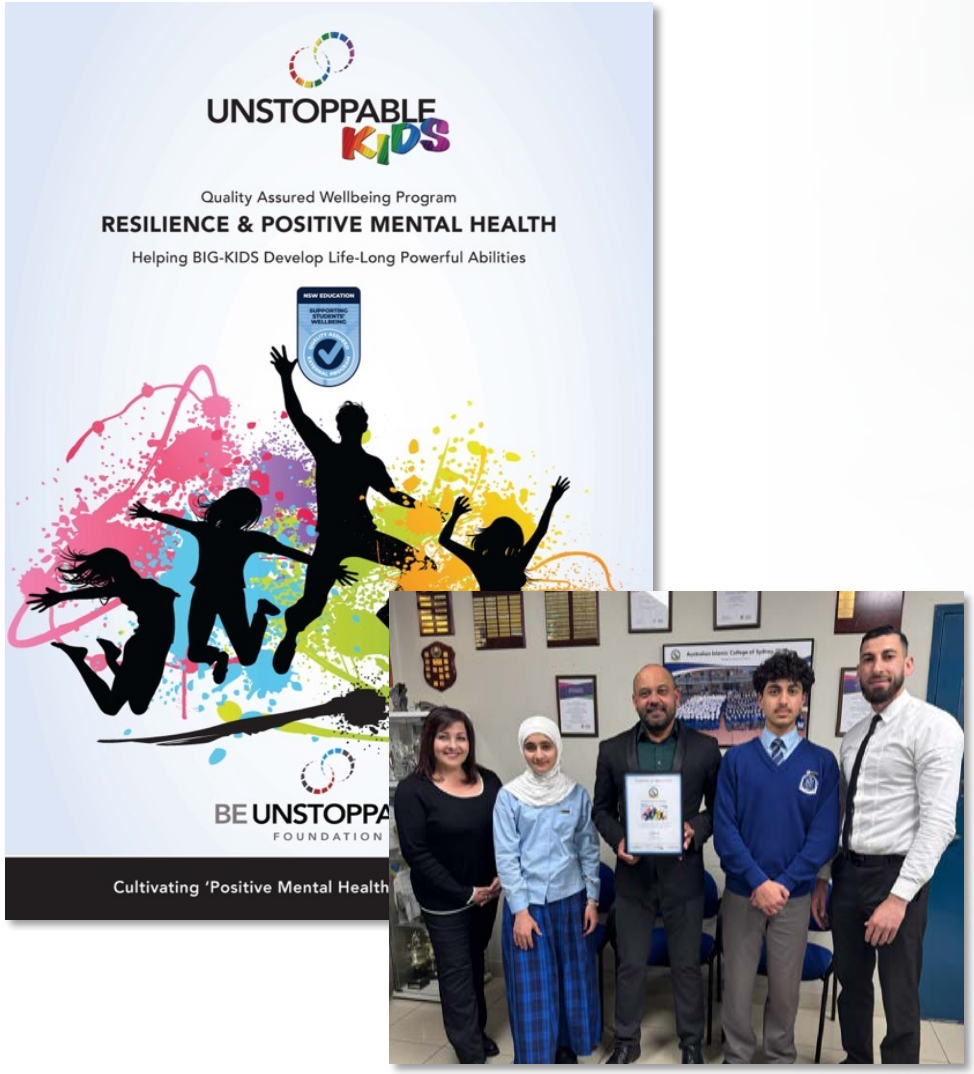
2024 School-Funded $26,000

Program in Minto and Liverpool Locations

Delivering UNSTOPPABLE KIDS at Al-Faisal College.

Delivered in 2025 - Term 3 of school to 148 students in Year 9.

Our Supporters



2024 BE UNSTOPPABLE funding $5,084

Part of the IP Agreement with the NSW Department of Education

Delivering UNSTOPPABLE KIDS at the Australian Islamic College of Sydney.

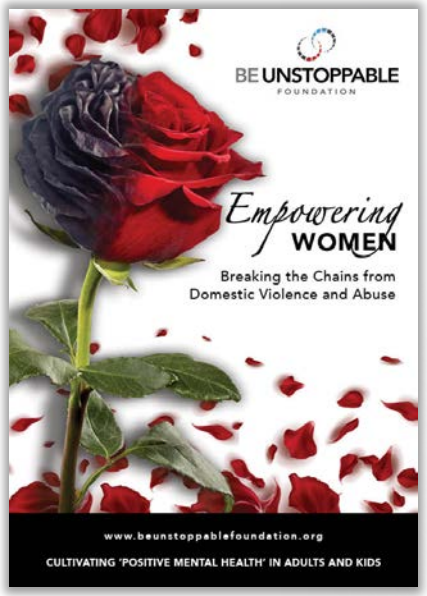
Delivered in 2025 - Term 2 of school to 120 students in Year 9.

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Our Supporters



Helping women and children rebuild self-esteem, self-confidence, resilience and other vital skills to meet their own needs and start their new life journey after abuse.



mounties group

2024 Fairfield

ClubGRANTS for $19,320

Supporting the Empowering Women – Breaking the Chains from Domestic Violence and Abuse program.

10-week program delivered in-person at Mounties Mount Pritchard in 2025.

- Registered Participants: 53
- Program Capacity: 20
- Individuals Helped: 80+ through the positive ripple effect on families / friends.

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Our Supporters



CABRA-VALE DIGGERS

2024 Fairfield

ClubGRANTS for $23,595

Supporting UNSTOPPABLE KIDS at Cabramatta High School.

Delivered in 2025 - Term 2 of school to 210 students in Year 7.

CABRAMATTA SH STRIVING & SERVING

BE UNSTOPPABLE FOUNDATION

Our Supporters



CH RG
- Castle Hill RSL Group -

2024 The Hills

ClubGRANTS for $23,595

Supporting UNSTOPPABLE KIDS at Model Farms High School.

Delivered in 2025 - Term 2 of school to 176 students in Year 8.

MODEL FARMS HIGH SCHOOL
MAGNA FACTA

NSW EDUCATION
SUPPORTING STUDENTS' WELLBEING
QUALITY ASSURED EXTERNAL PROGRAM

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Our Supporters



Canterbury League Club

2024 Canterbury-Bankstown ClubGRANTS for $23,595

Supporting UNSTOPPABLE KIDS at Punchbowl Boys High School.

Delivered in 2025 - Term 2 of school to 96 students in Year 8.

PUNCHBOWL BOYS' HIGH SCHOOL FACTA NON VERBA

NSW EDUCATION SUPPORTING STUDENTS' WELLBEING QUALITY ASSURED EXTERNAL PROGRAM

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Our Supporters



ST.GEORGE LEAGUES CLUB

2024 Georges River ClubGRANTS for $23,595

Supporting UNSTOPPABLE KIDS at Moorefield Girls High School.

Delivered in 2025 - Term 1 of school to 56 students in Year 9.

MGHS INSPIRING YOUNG WOMEN

NSW EDUCATION SUPPORTING STUDENTS' WELLBEING QUALITY ASSURED EXTERNAL PROGRAM

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Our Supporters



NSW EDUCATION
SUPPORTING STUDENTS' WELLBEING
QUALITY ASSURED EXTERNAL PROGRAM

THE Epping CLUB

2024 Parramatta ClubGRANTS for $10,000

Supporting UNSTOPPABLE KIDS at Parramatta High School.

Delivered in 2025 - Term 2 of school to 150 students in Year 8.

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Our Supporters



PARRA LEAGUES

2024 Parramatta

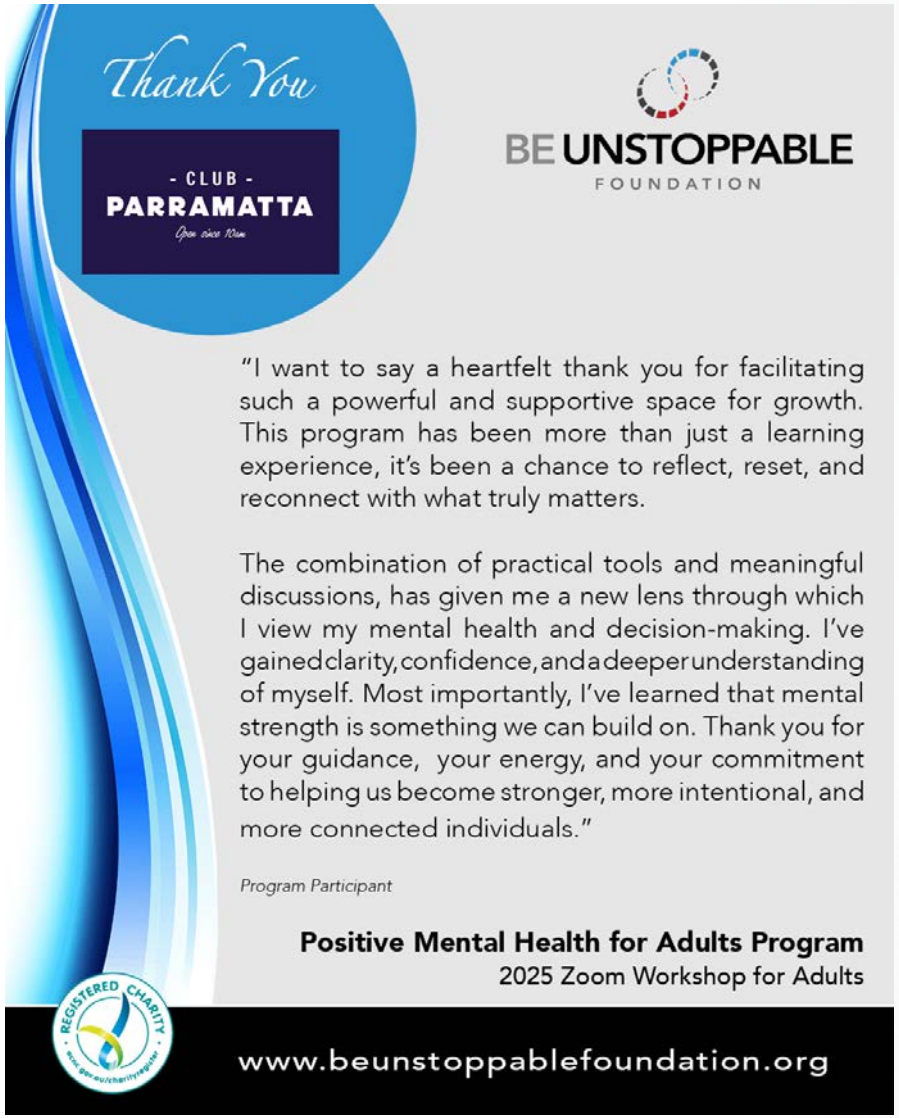
ClubGRANTS for $25,598

Supporting the 'Riding for Positive Mental Health' program, combining bike riding and mental health education and support. 12-week program delivered at Sydney Olympic Park in 2025.

- Registered Participants: 41
- Zoom Program Capacity: 20
- Individuals Helped: 80+ through the positive ripple effect on families / friends.

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Our Supporters



- CLUB -
PARRAMATTA
Open since 10am

2024 Parramatta

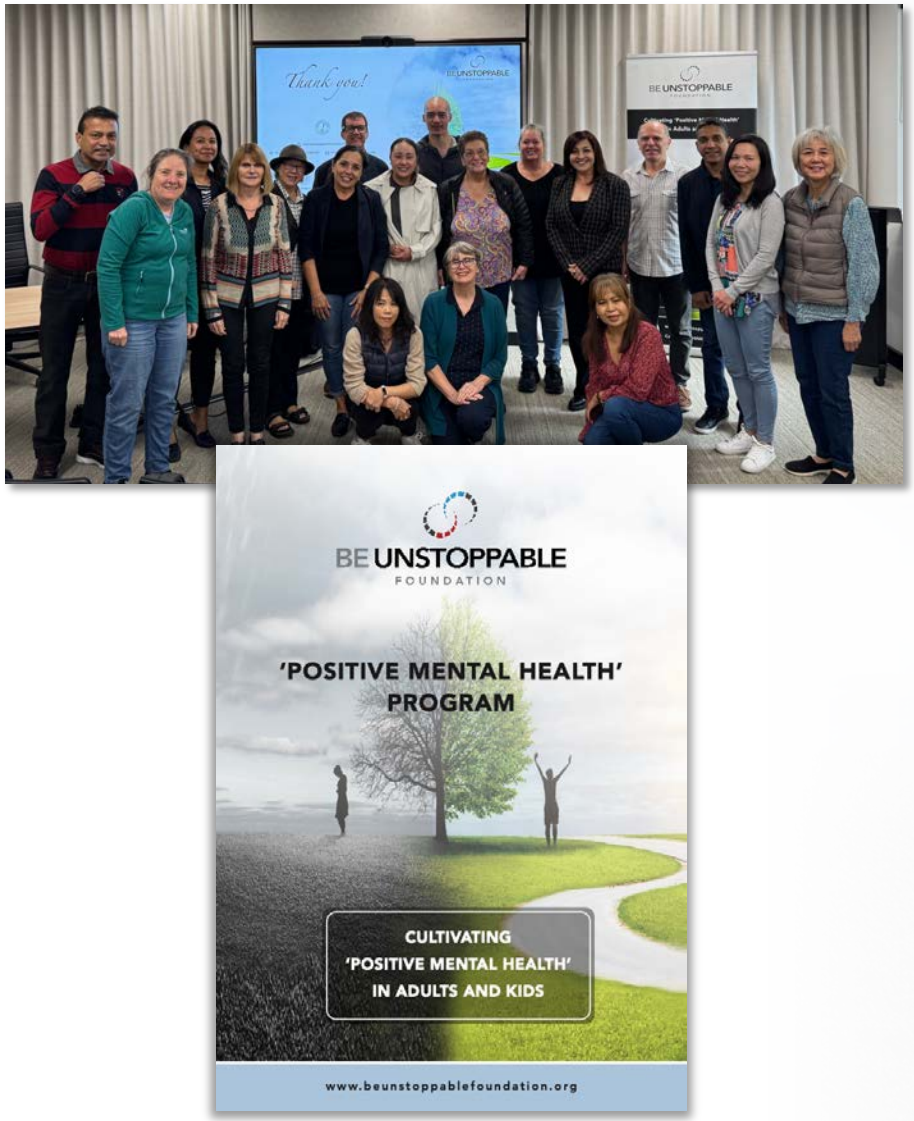
ClubGRANTS for $10,000

Supporting the 'Positive Mental Health' for Adults program. 12-week program delivered via zoom workshops in 2025.

- Registered Participants: 60
- Zoom Program Capacity: 20
- Individuals Helped: 80+ through the positive ripple effect on families / friends.

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Our Supporters



Chatswood RSL Your Club!

2024 Willoughby ClubGRANTS for $19,320

Supporting the 'Positive Mental Health' for Adults program. 10-week program delivered in-person at Chatswood RSL in 2025.

- Registered Participants: 86
- Zoom Program Capacity: 37
- Individuals Helped: 140+ through the positive ripple effect on families / friends.

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Our Supporters





TWENTY LEAGUES

2024 Calcutta

ClubGRANTS for $35,000

Supporting the 'Positive Mental Health' for Adults program. 2 x 12-week programs delivered via zoom workshops in 2025.

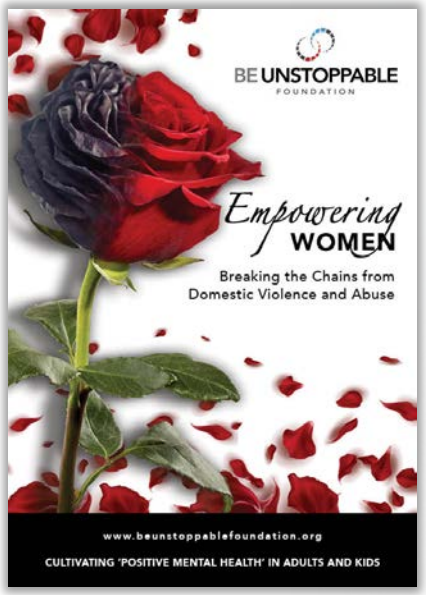
- Registered Participants: 103
- Zoom Program Capacity: 40
- Individuals Helped: 160+ through the positive ripple effect on families / friends.

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Our Supporters



Helping women and children rebuild self-esteem, self-confidence, resilience and other vital skills to meet their own needs and start their new life journey after abuse.



Funded By

Supported By

2025 Parramatta City Council Community Grant for $13,113

Supporting the Empowering Women – Breaking the Chains from Domestic Violence and Abuse program. 10-week program delivered in-person at Parramatta Leagues in 2025.

- Registered Participants: 97
- Program Capacity: 20
- Individuals Helped: 80+ through the positive ripple effect on families / friends.

Our Supporters





RamsgateRSL MEMORIAL CLUB

2025 Big Bounce Event

Donation for $2,300

Family event to celebrate Easter and bring the community together. Raising awareness to the programs the Foundation delivers to help the community.

Funds were raised from raffle ticket sales and food stall sales. The Foundation staff and families were volunteering their time to work during the event.

Our Gala

Raising Awareness for Mental Health
and Celebrating Success



BE UNSTOPPABLE
FOUNDATION

Our Gala – 31 May 2025





BE UNSTOPPABLE FOUNDATION TEAM

From Left: Rob Feeney, Lamgi Lora, Dee Raquel Joma (Founder), Simone De Mario Henry, Kate Cole, Mikaela Stowe, Nikki Deed and Lachlan Holmes.

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Our Gala – 31 May 2025





Raising $32,494

after event expenses.

All funds are allocated to the ongoing expenses of the charity and supporting the community with programs and counselling.





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Our Gala – 31 May 2025













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Our Gala – 31 May 2025

Event Major Sponsors

Event Sponsors

The Foundation’s Future

Strategic Planning for the Future

Our Goals



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Our Goals - What we see for the future!

STAGE 1 - PROJECTIONS FOR SUSTAINABLE GROWTH – HIGH COMMUNITY IMPACT

- Generate $2.2 million in grants and donations per year
- Deliver 32 x UNSTOPPABLE KIDS – School Programs per year (8 per term) – helping 5,000 teenagers per year.
- Deliver 16 x 'Positive Mental Health' for Adults – Online Group Workshop Programs per year (4 per quarter).
- Deliver 4 x 'Positive Mental Health' for Adults – In-Person Workshop Programs per year (1 per quarter).
- Deliver 16 x Empowering Women – Breaking the Chains from Domestic Violence and Abuse Programs per year (4 per quarter).
- Deliver 16 x 'Positive Mental Health for Families' – In-Person Workshop Programs per year (4 per quarter).
- Deliver 4 x 'Riding for Positive Mental Health' for Adults – Bike Riding / Mental Health Programs per year (1 per quarter).

  - Combined adult programs help over 1,320 adults per year with direct benefit.
  - Over 5,280 people per year with ripple effect benefit for families of the adults.

Collectively educating and helping over 10,280 people annually

Charity overhead administration costs managed at less than 10% of total revenue generated, ensuring maximum use of revenue granted to deliver the Foundation's purpose and help others.

BE UNSTOPPABLE FOUNDATION

Our Goals - What we see for the future!

STAGE 2 - CHARITY AND PROGRAM EXPANSION

- The number of programs delivered annually will increase as the charity secures consistent funding from multiple sources.

- The foundation needs a space to run the charity, which will be used as both a location to deliver programs, as well as a training space to develop the facilitation skills of more counsellors, coaches and psychologists, and to deliver one-one-one support sessions with participants.

- Our vision requires sustainable generosity, to enable us to help people manage 'adverse mental health' and cultivate mental strength for the 'positive mental health' for all Australians.

- We are seeking Government support, philanthropic funding and long-term large business sponsorships to collaborate with the foundation for long-term positive community impact.

Governance

Our Board of Directors

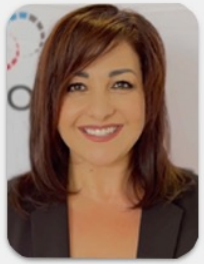
Our Incredible Team



BE UNSTOPPABLE FOUNDATION

Governance – Our Board of Directors

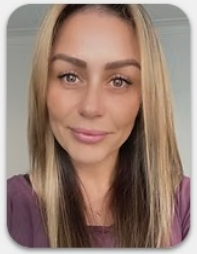
The BE UNSTOPPABLE FOUNDATION has a board of six high calibre directors. The directors come with extensive credentials and professional experience, ranging from 15 to 45+ years. The collective knowledge and experience of our directors is an invaluable resource to be shared in order to assist all people, inclusive of mentally and emotionally healthy adults and kids, and vulnerable people with access to high quality mental health educational programs, as well as mental health support.



Dee Raquel Joma

Founder / Executive Director / CEO

Bachelor of Coaching/Counselling
ICF Professional Certified Coach
25+ Years Professional Experience



Simone De Mario Henry

Director / Head Counsellor

Certified Counsellor with the Australian Counselling Association.
5+ Years Professional Experience



Ron Browne

Director / Secretary

45+ Years Professional Experience with Business Development, Governance, Sales and Training.



Douglas Kirkham

Director

40+ Years Professional Experience Leading Various Organisations and Governance. Justice of the Peace.



Benita Samaha

Director

Professional Collaborated Coaching Facilitator.
20+ Years Professional Experience



Tony Bonanno

Director

Accredited Behavioural Assessment and Profiling Coach
33+ Years Professional Experience

Governance – Our Incredible Team

The BE UNSTOPPABLE FOUNDATION has a team of certified counsellors and psychotherapists, as well as psychology graduates, accredited through the Psychotherapy and Counselling Federation of Australia, and the Australian Counselling Association. The team of professional coaches are all credentialed with degrees through various universities/colleges, led by the Founder who is an International Coach Federation Professional Certified Coach.

All staff undergo in-house training on program content, service deliverables, expectations and other organisational policies. Staff receive regular supervision throughout program roll-out, ensuring competency of practice and outcomes being achieved, as well as a platform to resolve issues. Part of supervision is the internal support and protection of the mental health and wellbeing of our team.



View The BE UNSTOPPABLE Team's Profile:
https://www.beunstoppablefoundation.org/meet-the-team

CONTACT US

1800 THINK WELL or 1800 844 659

info@beunstoppablefoundation.org

www.beunstoppablefoundation.org

The BE UNSTOPPABLE FOUNDATION is a registered Charity with the Australian Charities and Not-for-Profits Commission (ACNC) as a Health Promotion Charity. The Foundation is endorsed with Deductible Gift Recipient (DGR) status with the Australian Taxation Office from 8 Jan 2021 - ABN 14 646 627 796.

BE UNSTOPPABLE COACHING

DRIVE

UNSTOPPABLE KIDS

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