

2026 Annual Report

BE UNSTOPPABLE
FOUNDATION

Mental Health Programs For Adults And Kids

In-Person Group Workshops and One-on-One Online



REGISTERED CHARITY
acnc.gov.au/charityregister

We acknowledge the Traditional Owners of the land on which we meet, the Darug Nation and People, and the indigenous people in the lands where our programs are delivered. We honour their cultures and their Elders past, present and emerging.

Achievements

Financial Year: July 2025 to June 2026



BE UNSTOPPABLE FOUNDATION

Achievements: FY 2025 to 2026

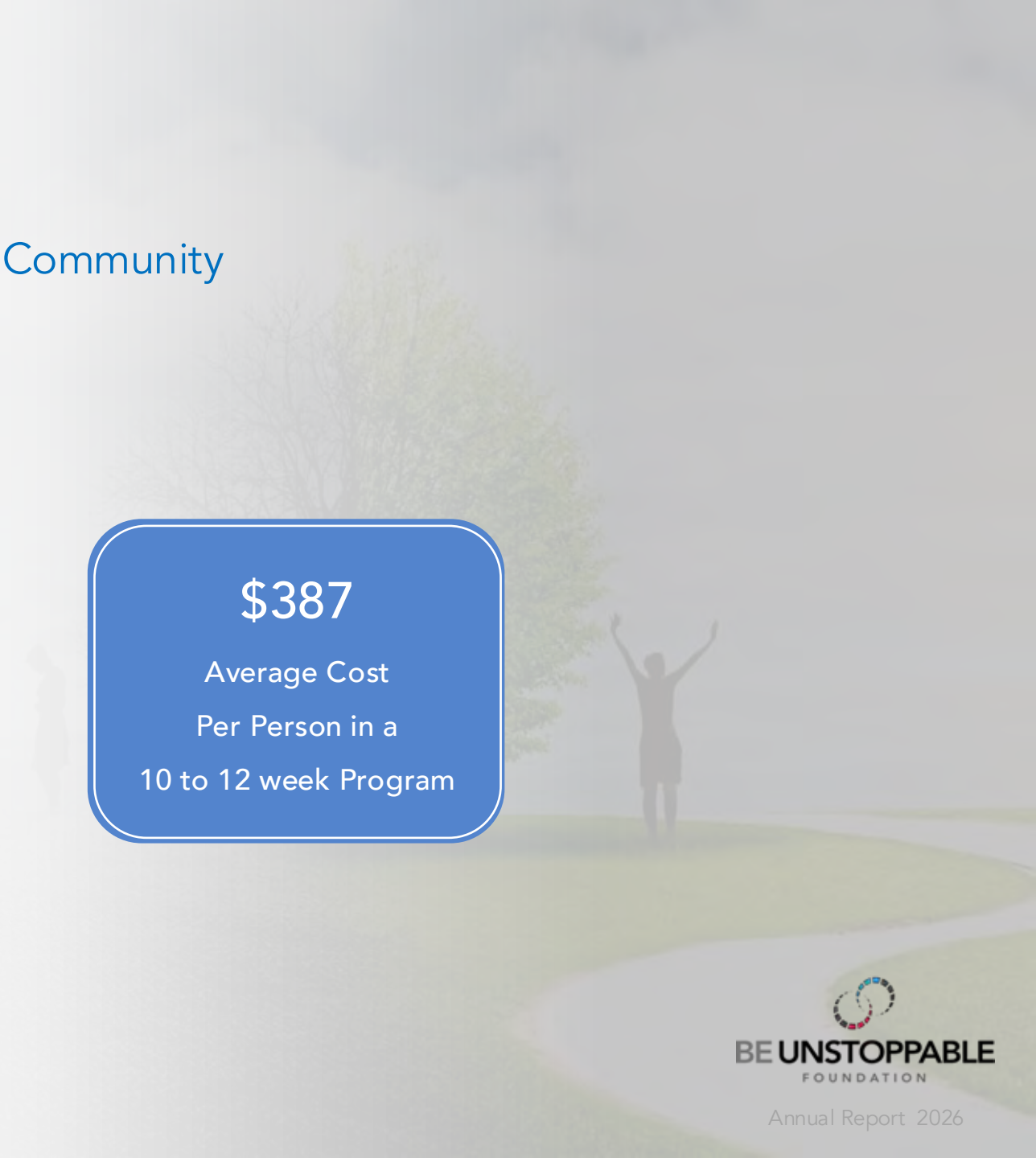
Transforming the Lives of Adults and Kids in Our Community

By Cultivating 'Positive Mental Health'

$856,643
In Grants and Donations
From July 2025
to June 2026

2,209
Adults and Kids
Have Participated in
Our Programs

$387
Average Cost
Per Person in a
10 to 12 week Program



BE UNSTOPPABLE FOUNDATION

Achievements: FY 2025 to 2026

Transforming the Lives of Adults and Kids in Our Community

By Cultivating 'Positive Mental Health'

1,637
Teenagers
Have Completed
UNSTOPPABLE KIDS

13
UNSTOPPABLE KIDS
School Programs
Completed

571
Adults Have Participated in
Our Programs in Group
Workshops

1,375
Adults Have Registered
for Our Programs
Many Waiting to Start

BE UNSTOPPABLE
FOUNDATION

Achievements since starting the Charity: 2020 to 2026

Transforming the Lives of Adults and Kids in Our Community

7,219
Adults and Kids
Have Participated in
Our Programs

5,648
Teenagers
Have Completed
UNSTOPPABLE KIDS

43
UNSTOPPABLE KIDS
School Programs
Completed

1,571
Adults Have Participated
Vicariously Helping
6,000+
Individuals in Families

3,771
Adults Have Registered
for Our Programs
Many Waiting to Start

4,371+
Hours of Teaching
and Support
Excludes 1:1 Counselling

BE UNSTOPPABLE
FOUNDATION

Our Purpose and Values

Purposefully and Ethically

Helping the Community for Positive Impact



BE UNSTOPPABLE FOUNDATION

Our Purpose

Helping Our Community

Cultivating 'Positive Mental Health' in Adults and Kids



SUPPORT

Through Counselling and Support Coaching



EDUCATE

Through 10-12 Week Structured Programs



ACTIVATE

Participants Activate Skills for Themselves and Their Families

BE UNSTOPPABLE FOUNDATION

Our Values



CARING FOR OTHERS

Our team genuinely cares about the well-being of the community, working to make a positive difference in the lives of others.



EDUCATION

We understand the power of effectively educating adults and kids with skills that can make a positive difference in their lives.



IMPACT

We are purposeful in how we educate and support others. We strategically deliver programs to teach skills that have life-long positive impact.



ETHICAL PRACTICE

Every action taken within the operations of the charity, is done ethically, morally and legally right, with the community and stakeholders at the core.

BE UNSTOPPABLE FOUNDATION

Our Supporters

Collaborative Grant Partners

Generous Donations

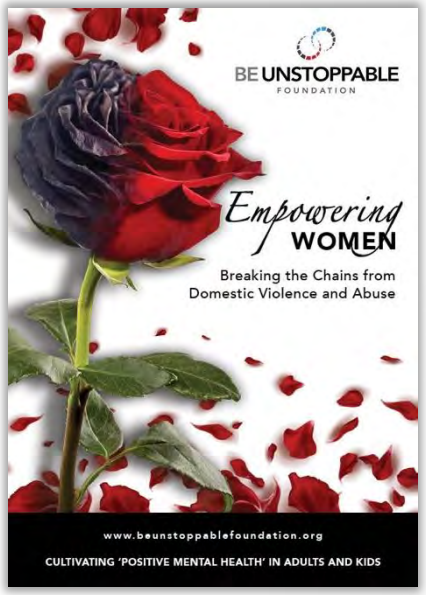


BE UNSTOPPABLE FOUNDATION

Our Supporters



Helping women and children rebuild self-esteem, self-confidence, resilience and other vital skills to meet their own needs and start their new life journey after abuse.



RamsgateRSL
MEMORIAL CLUB

ebp RSL
YOUR CLUB · YOUR REWARDS

2025 Bayside

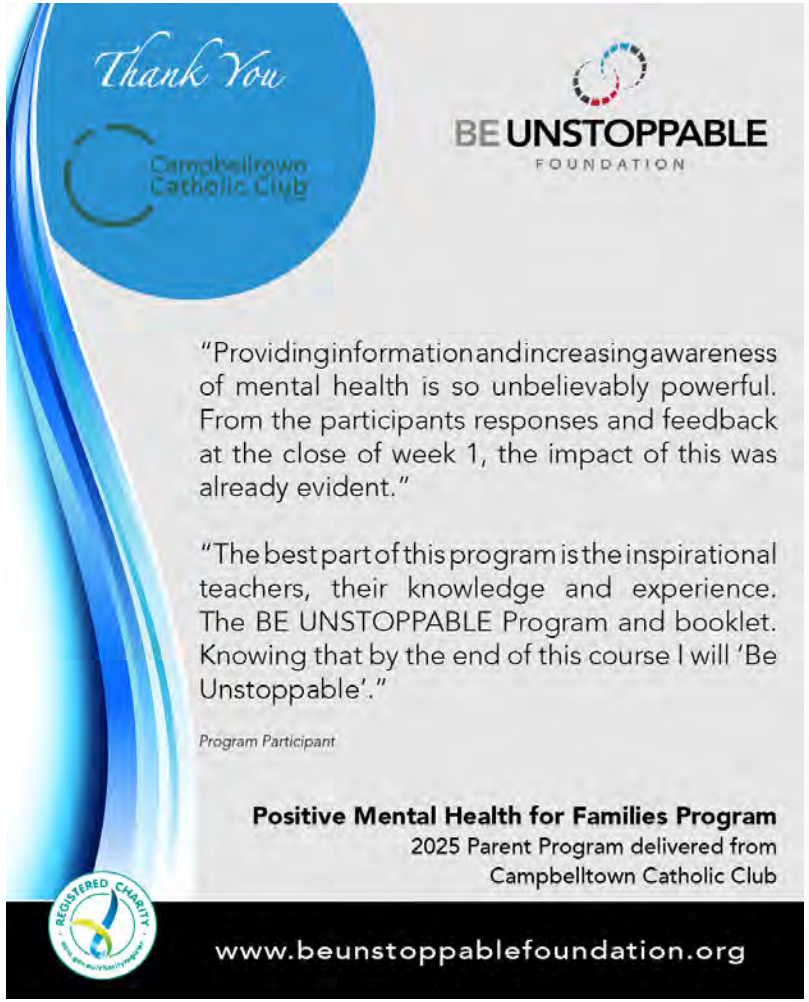
ClubGRANTS for $23,634

Supporting the Empowering Women – Breaking the Chains from Domestic Violence and Abuse program. 10-week program delivered in-person at Ramsgate RSL in 2026.

- Registered Participants: 28
- Program Capacity: 20
- Individuals Helped: 80+ through the positive ripple effect on families / friends.

BE UNSTOPPABLE
FOUNDATION

Our Supporters



Campbelltown Catholic Club
Est. 1968

2026 Campbelltown ClubGRANTS for $33,234

Supporting the 'Positive Mental Health for Families' program. 10-week In-Person program delivered at Campbelltown Catholic Club in 2026.

- Registered Participants: 54
- Zoom Program Capacity: 30
- Individuals Helped: 120+ through the positive ripple effect on families / friends.

BE UNSTOPPABLE
FOUNDATION

Our Supporters



CANADA BAY CLUB

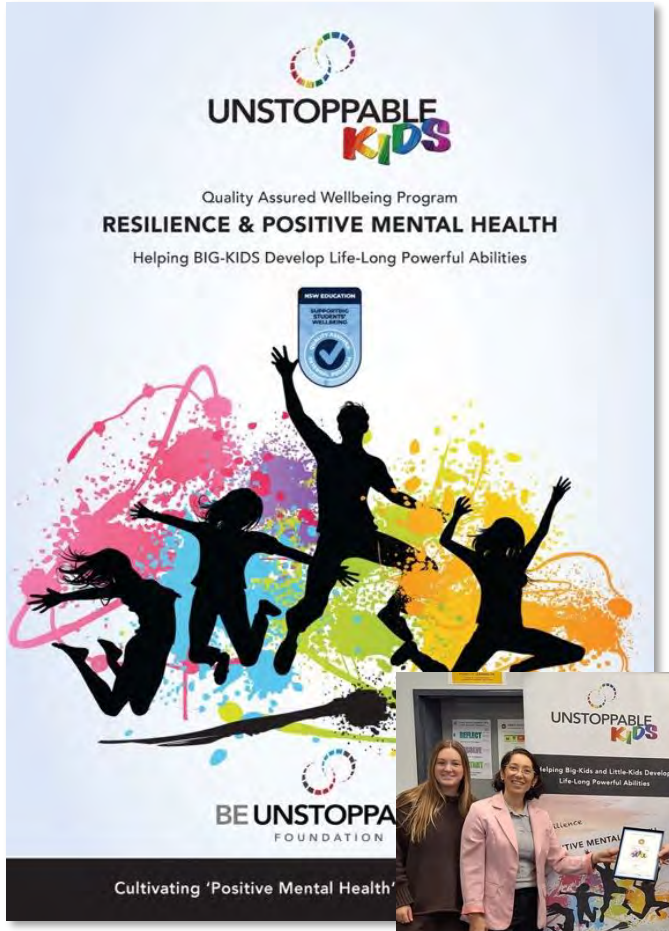
2025 Canada Bay ClubGRANTS for $5,000

Supporting the 'Positive Mental Health' for Adults program. 12-week program delivered via zoom workshops in 2026.

- Registered Participants: 54
- Zoom Program Capacity: 20
- Individuals Helped: 80+ through the positive ripple effect on families / friends.

BE UNSTOPPABLE FOUNDATION

Our Supporters





Canterbury League Club

2025 Canterbury-Bankstown ClubGRANTS for $24,075

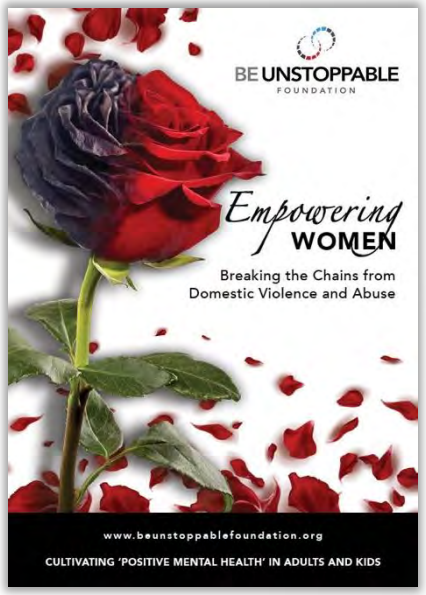
Supporting UNSTOPPABLE KIDS at Punchbowl Boys High School.

Delivered in 2026 - Term 2 of school to 80 students in Year 8.

Our Supporters



Helping women and children rebuild self-esteem, self-confidence, resilience and other vital skills to meet their own needs and start their new life journey after abuse.



mounties group

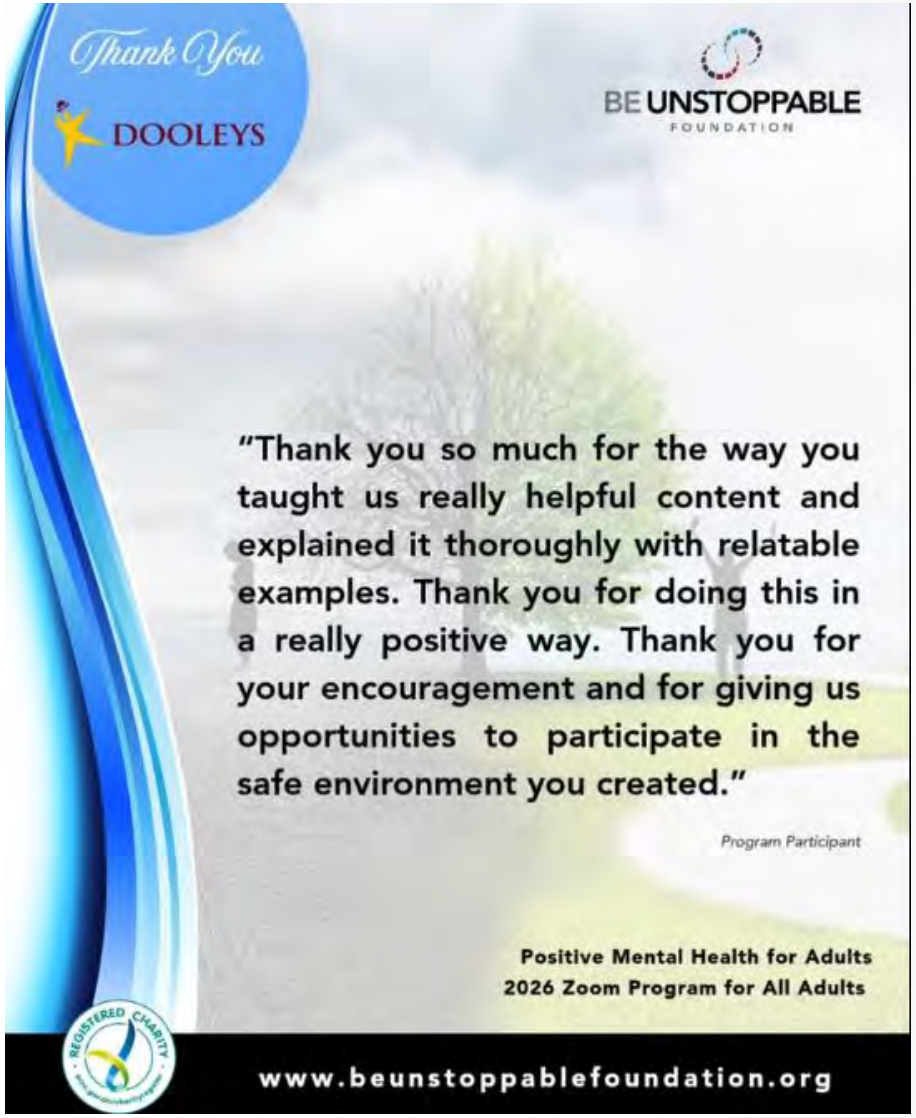
2025 Central Coast ClubGRANTS for $26,634

Supporting the Empowering Women – Breaking the Chains from Domestic Violence and Abuse program. 10-week program delivered in-person at Club Wyong in 2026.

- Registered Participants: 26
- Program Participants: 17
- Individuals Helped: 60+ through the positive ripple effect on families / friends.

BE UNSTOPPABLE FOUNDATION

Our Supporters



DOOLEYS

2025 Dooleys Spring ClubGRANTS for $55,000

Supporting multiple programs in the Cumberland LGA:

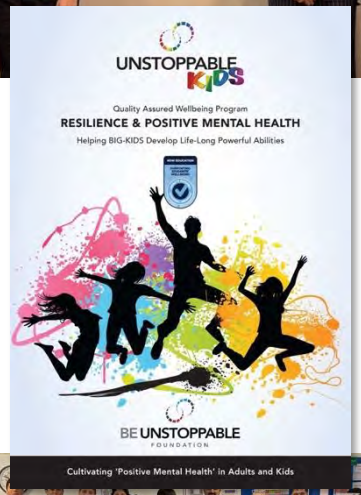
- 'Positive Mental Health' for Adults Zoom Program.
- Empowering Women Program.
- 2 x UNSTOPPABLE KIDS School Programs.

- Registered Adult Participants: 135
- Adult Program Participants: 40 in 2 programs
- Individuals Helped: 160+ through the positive ripple effect on families / friends.

BE UNSTOPPABLE FOUNDATION

Our Supporters







2025 Dooleys Spring ClubGRANTS

Supporting UNSTOPPABLE KIDS at two high schools.

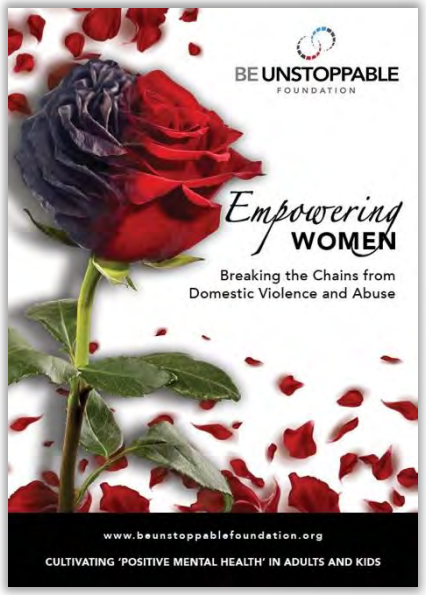
- Auburn Girls High School – 150 year 9 students.
- Delivered in 2026 – Term 1 of School.

- Granville South High School – 50 year 8 students.
- Delivered in 2026 – Term 2 of School.

Our Supporters



Helping women and children rebuild self-esteem, self-confidence, resilience and other vital skills to meet their own needs and start their new life journey after abuse.



DOOLEYS

2025 Cumberland

ClubGRANTS for $23,634

Supporting the Empowering Women – Breaking the Chains from Domestic Violence and Abuse program.

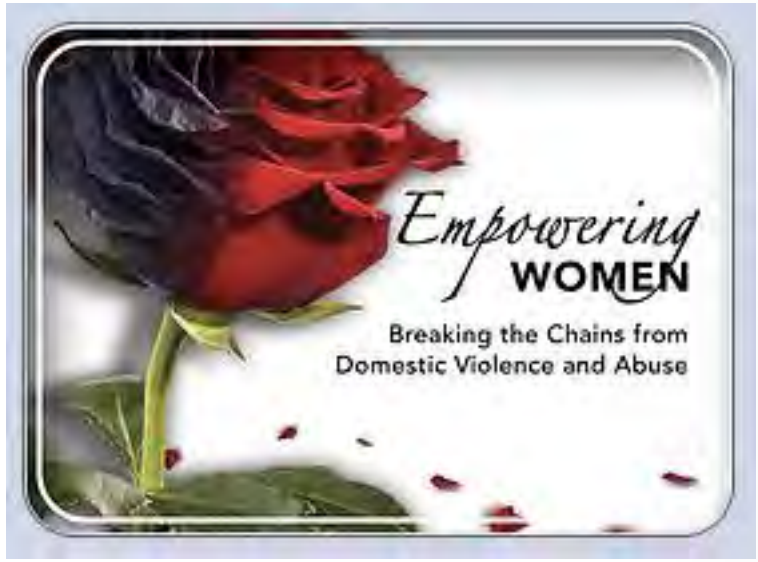
10-week program delivered in-person at Regent Street Pavilion in 2026.

- Registered Participants: 34
- Program Participants: 17
- Individuals Helped: 60+ through the positive ripple effect on families / friends.

BE UNSTOPPABLE FOUNDATION

Our Supporters





TWENTY LEAGUES

2025 Cumberland ClubGRANTS for $23,634

Supporting the 2 x Empowering Women Zoom programs. 2 x 12-week programs delivered via zoom workshops in 2026 after hours.

- Registered Participants: 96
- Zoom Program Capacity: 51
- Individuals Helped: 180+ through the positive ripple effect on families / friends.

BE UNSTOPPABLE FOUNDATION

Our Supporters



WENTY LEAGUES

2025 Cumberland ClubGRANTS for $23,634

Supporting the 'Positive Mental Health for Families' program. 10-week In-Person program delivered at Wenty Leagues Club in 2026.

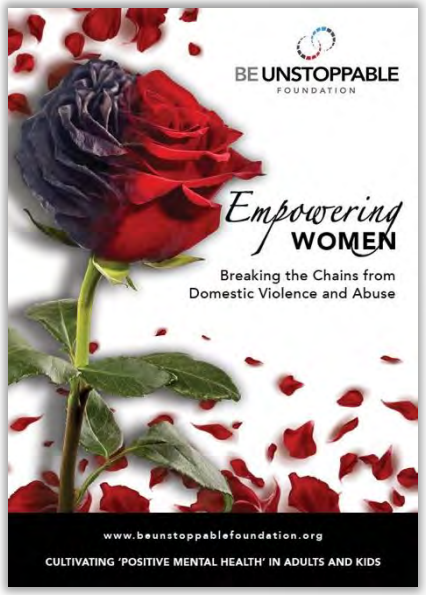
- Registered Participants: 84
- Zoom Program Capacity: 30
- Individuals Helped: 120+ through the positive ripple effect on families / friends.

BE UNSTOPPABLE FOUNDATION

Our Supporters



Helping women and children rebuild self-esteem, self-confidence, resilience and other vital skills to meet their own needs and start their new life journey after abuse.



mounties group

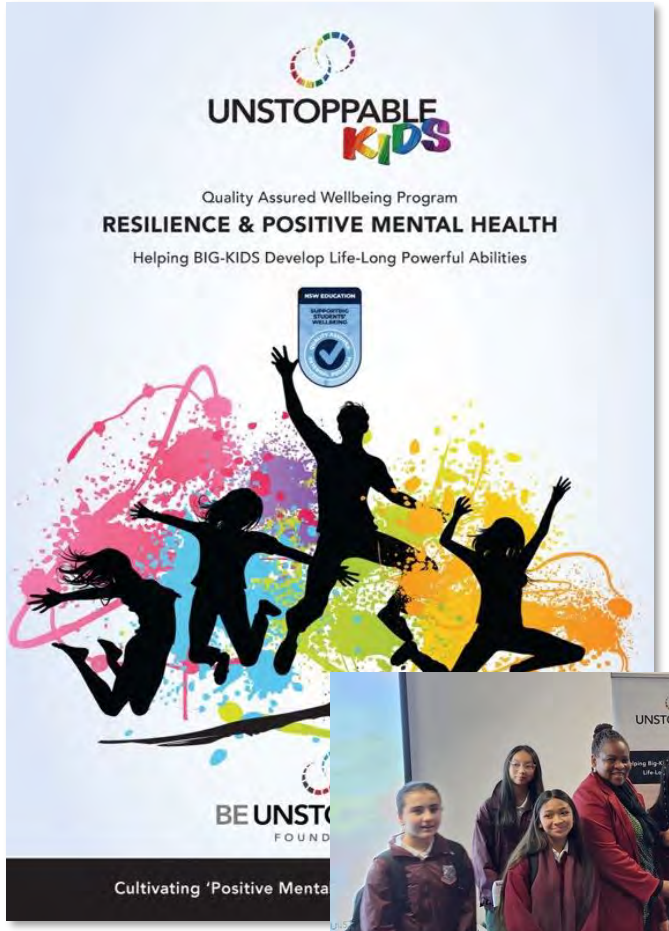
2025 Fairfield ClubGRANTS for $23,024

Supporting the Empowering Women – Breaking the Chains from Domestic Violence and Abuse program. 10-week program delivered in-person at Mounties Mount Pritchard in 2026.

- Registered Participants: 62
- Program Participants: 20
- Individuals Helped: 80+ through the positive ripple effect on families / friends.

BE UNSTOPPABLE FOUNDATION

Our Supporters





cabra bowls

2025 Fairfield ClubGRANTS for $24,075

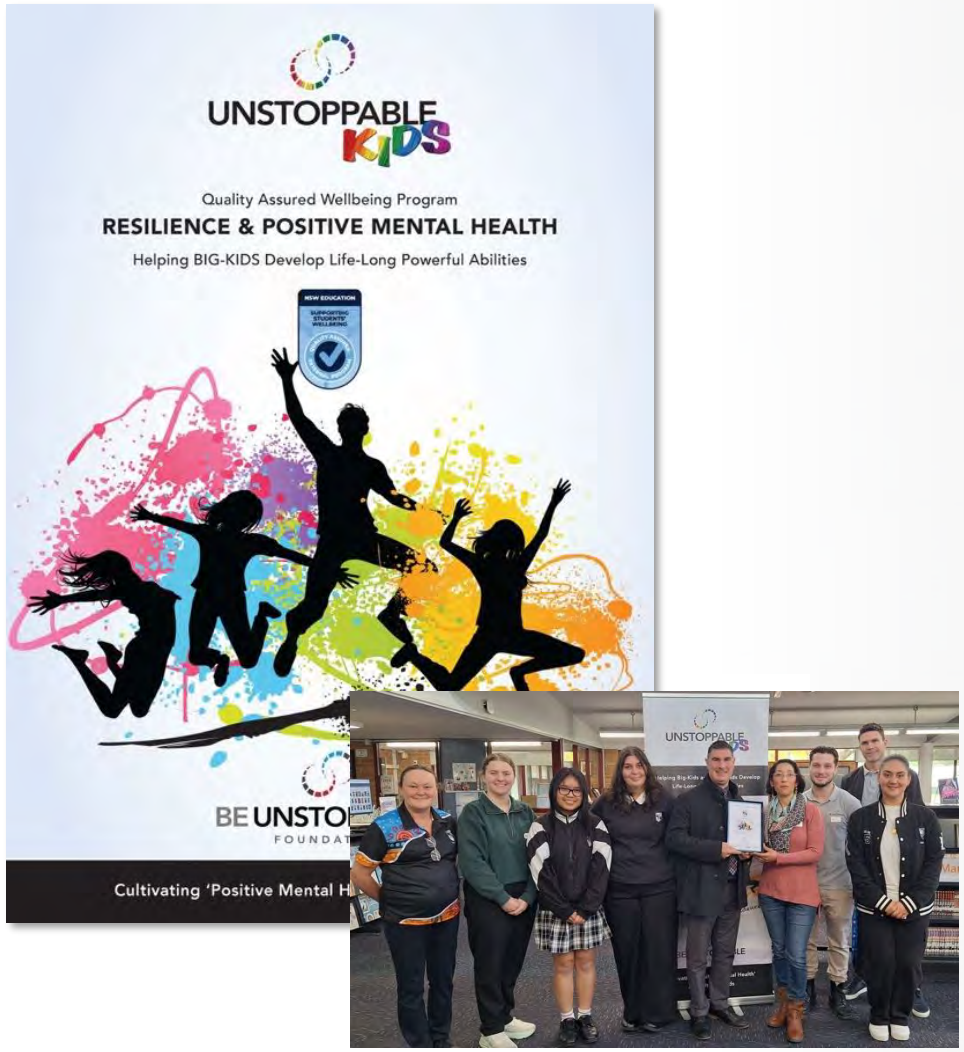
Supporting UNSTOPPABLE KIDS at Cabramatta High School.

Delivered in 2026 - Term 2 of school to 200 students in Year 7.

CABRAMATTA SH
STRIVING & SERVING

BE UNSTOPPABLE FOUNDATION

Our Supporters



Cabra Leagues
Cabramatta Rugby League Club

2025 Fairfield

ClubGRANTS for $24,075

Supporting UNSTOPPABLE KIDS at Bossley Park High School.

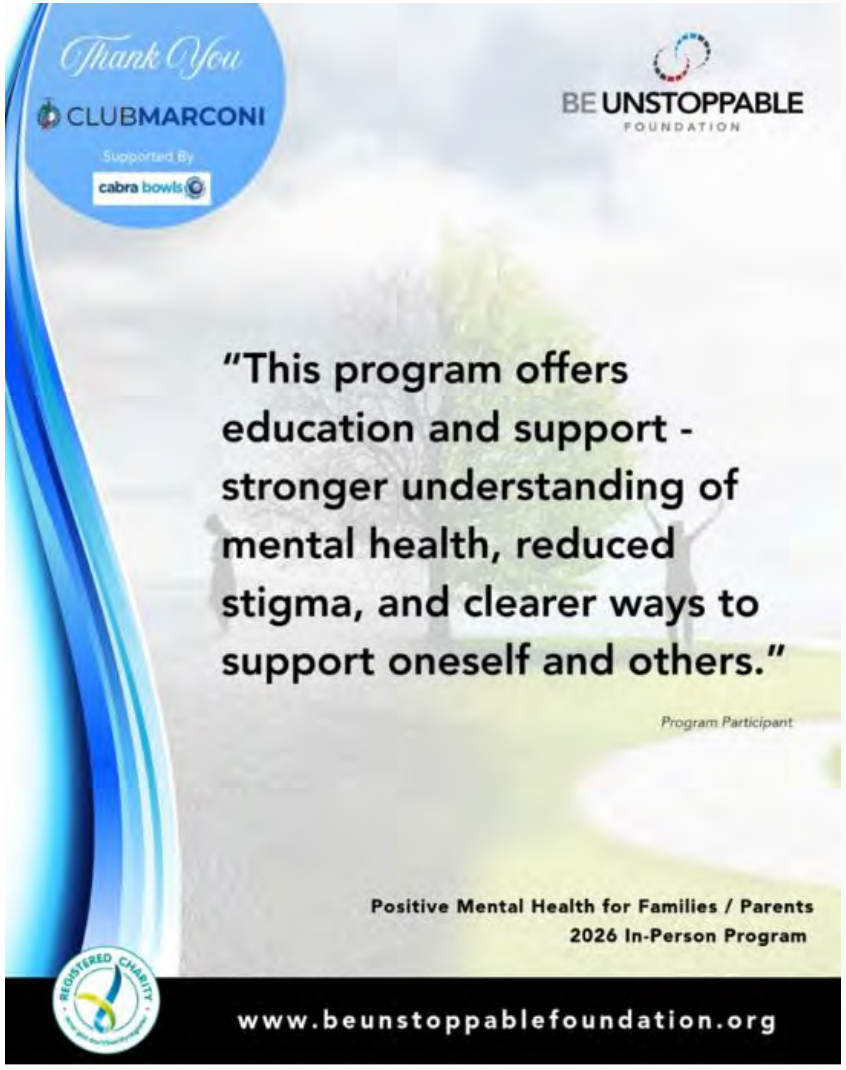
Delivered in 2026 - Term 2 of school to 180 students in Year 10.

BOSSLEY PARK H.S. 1988

NSW EDUCATION SUPPORTING STUDENTS' WELLBEING QUALITY ASSURED EXTERNAL PROGRAM

BE UNSTOPPABLE FOUNDATION

Our Supporters



CLUBMARCONI

2025 Fairfield

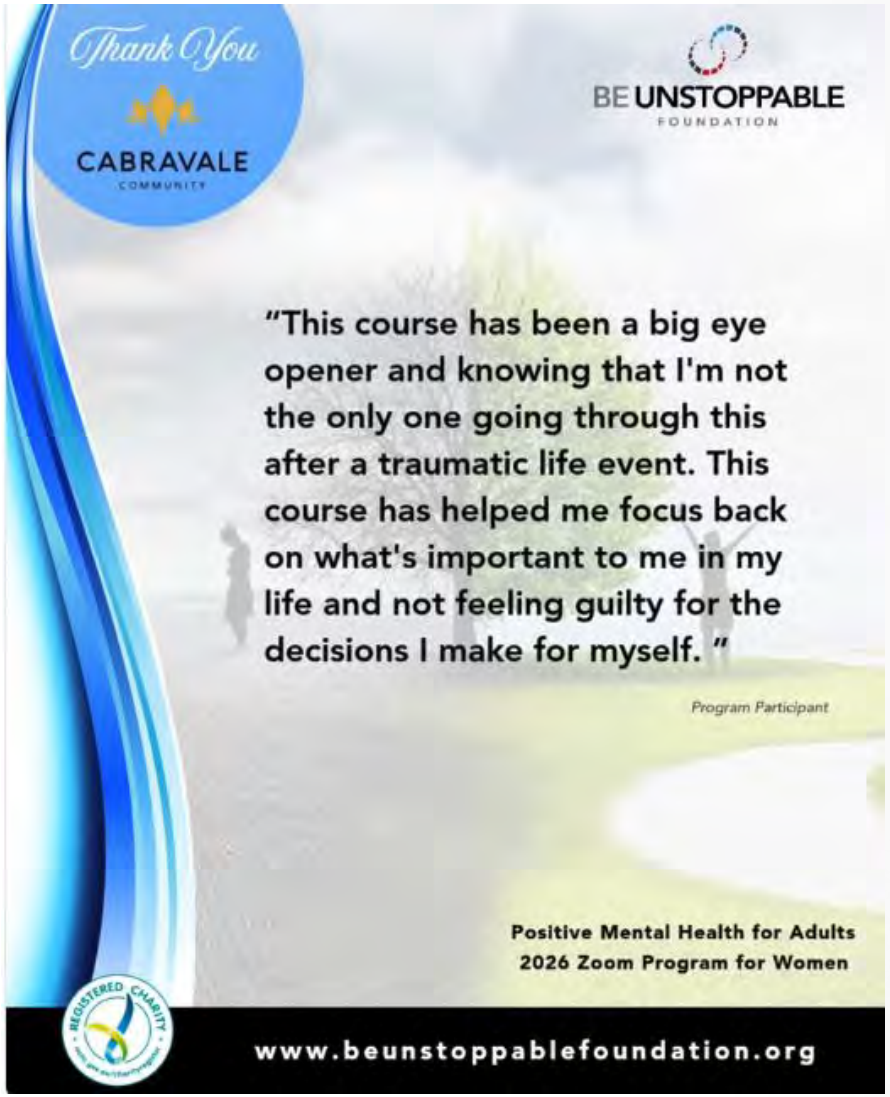
ClubGRANTS for $33,234

Supporting the 'Positive Mental Health for Families' program. 10-week In-Person program delivered at Cabra Bowls in 2026.

- Registered Participants: 24
- Families Participated: 19
- Individuals Helped: 76+ through the positive ripple effect on families / friends.

BE UNSTOPPABLE FOUNDATION

Our Supporters



CABRAVALE
COMMUNITY

2025 Fairfield ClubGRANTS for $14,130

Supporting the 'Positive Mental Health for Adults' Program. 12-week programs delivered via zoom workshops in 2026.

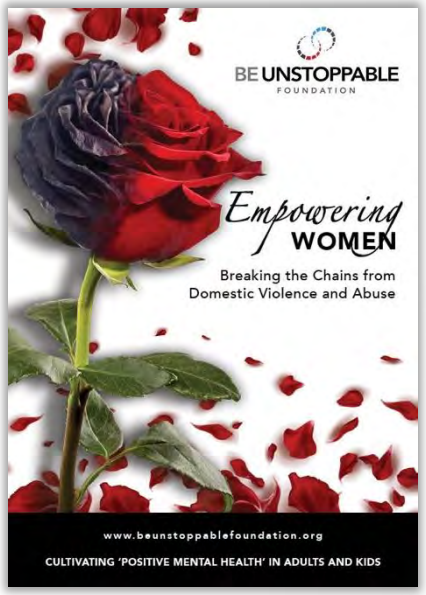
- Registered Participants: 63
- Program Participants: 18
- Individuals Helped: 63+ through the positive ripple effect on families / friends.

BE UNSTOPPABLE
FOUNDATION

Our Supporters



Helping women and children rebuild self-esteem, self-confidence, resilience and other vital skills to meet their own needs and start their new life journey after abuse.



CLUB RIVERS

2025 Georges River ClubGRANTS for $26,634

Supporting the Empowering Women – Breaking the Chains from Domestic Violence and Abuse program. 10-week program delivered in-person at Club Rivers in 2026.

- Registered Participants: 49
- Program Participants: 20
- Individuals Helped: 80+ through the positive ripple effect on families / friends.

BE UNSTOPPABLE FOUNDATION

Our Supporters



ST.GEORGE VENUES

2024 Georges River ClubGRANTS for $24,075

Supporting UNSTOPPABLE KIDS at Bayside High School.

Delivered in 2025 - Term 2 of school to 182 students in Year 9.

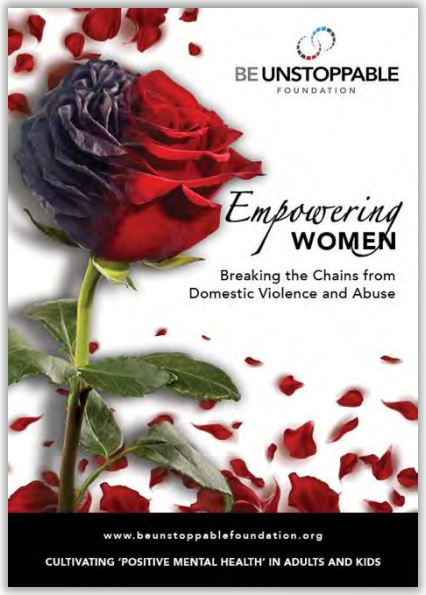
Bayside HIGH SCHOOL

BE UNSTOPPABLE FOUNDATION

Our Supporters



Helping women and children rebuild self-esteem, self-confidence, resilience and other vital skills to meet their own needs and start their new life journey after abuse.



HOLMAN BARNES GROUP
WESTS ASHFIELD CROYDON SPORTS MARKETS CLUB

2025 Innerwest ClubGRANTS for $26,634

Supporting the Empowering Women – Breaking the Chains from Domestic Violence and Abuse program.

10-week program delivered in-person at Wests Ashfield in 2026.

- Registered Participants: 44
- Program Participants: 18
- Individuals Helped: 80+ through the positive ripple effect on families / friends.

BE UNSTOPPABLE FOUNDATION

Our Supporters



PETERSHAM RSL

2025 Innerwest ClubGRANTS for $14,130

Supporting the 'Positive Mental Health' for Adults program. 12-week program delivered via zoom workshops in 2026.

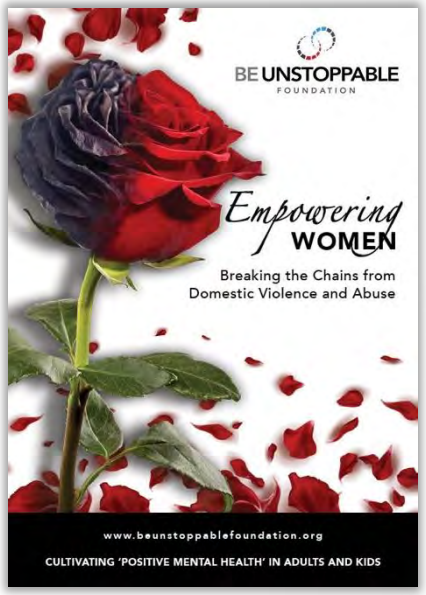
- Registered Participants: 34
- Zoom Program Capacity: 20
- Individuals Helped: 80+ through the positive ripple effect on families / friends.

BE UNSTOPPABLE FOUNDATION

Our Supporters



Helping women and children rebuild self-esteem, self-confidence, resilience and other vital skills to meet their own needs and start their new life journey after abuse.



- CLUB -
PARRAMATTA
Open since 10am

2025 Parramatta

ClubGRANTS for $26,634

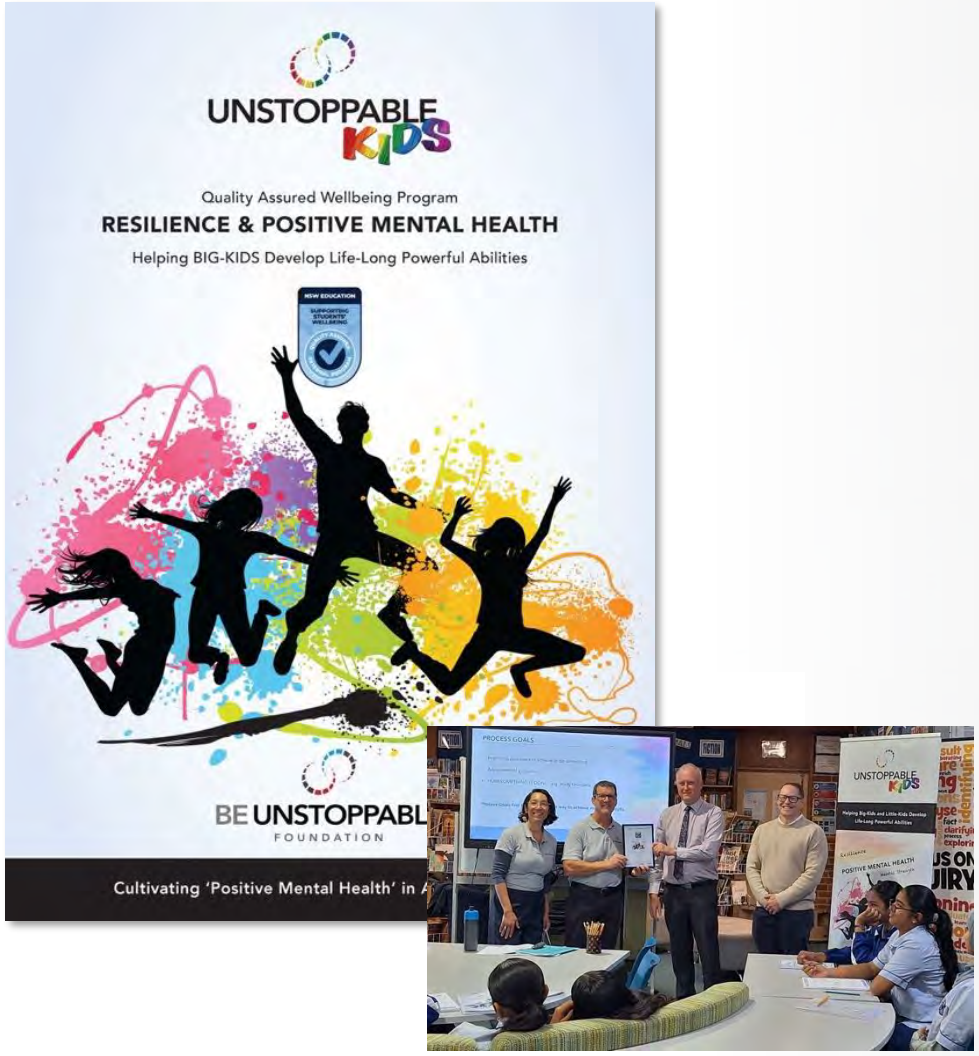
Supporting the Empowering Women – Breaking the Chains from Domestic Violence and Abuse program.

10-week program delivered in-person at Neami National Office in 2026.

- Registered Participants: 26
- Program Participants: 18
- Individuals Helped: 80+ through the positive ripple effect on families / friends.

BE UNSTOPPABLE
FOUNDATION

Our Supporters



THE Epping CLUB

2025 Parramatta ClubGRANTS for $14,075

Supporting UNSTOPPABLE KIDS at Parramatta High School.

Delivered in 2026 - Term 2 of school to 145 students in Year 8.

BE UNSTOPPABLE FOUNDATION

Our Supporters



PARRA LEAGUES

2025 Parramatta

ClubGRANTS for $26,572

Supporting the 'Riding for Positive Mental Health' program, combining bike riding and mental health education and support. 12-week program delivered at Sydney Olympic Park in 2026.

- Registered Participants: 50
- Zoom Program Capacity: 22
- Individuals Helped: 80+ through the positive ripple effect on families / friends.

BE UNSTOPPABLE FOUNDATION

Our Supporters



PARRA LEAGUES

2025 Parramatta

ClubGRANTS for $8,900

Supporting the 'Kids Riding for Positive Mental Health' program, combining bike riding and mental health education and support. Summer School Holiday Program for Kids and Parents at Sydney Olympic Park in 2026.

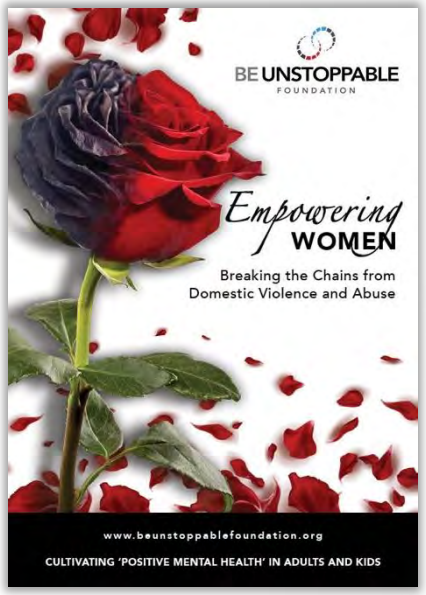
- Registered Families: 19
- Program Participants: 26

BE UNSTOPPABLE FOUNDATION

Our Supporters



Helping women and children rebuild self-esteem, self-confidence, resilience and other vital skills to meet their own needs and start their new life journey after abuse.



N.R. R.S.L. NORTH RYDE RSL COMMUNITY CLUB LTD

2025 Ryde

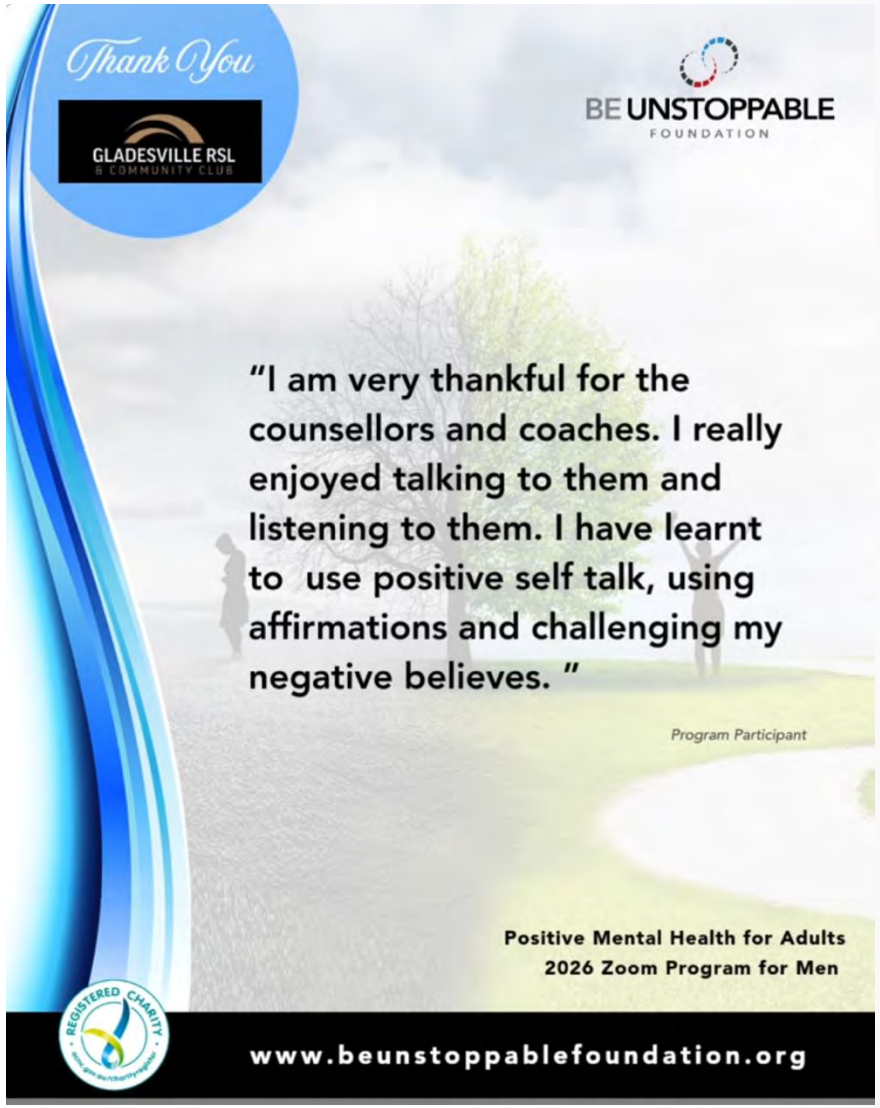
ClubGRANTS for $26,634

Supporting the Empowering Women – Breaking the Chains from Domestic Violence and Abuse program. 10-week program delivered in-person at North Ryde RSL in 2026.

- Registered Participants: 43
- Program Participants: 19
- Individuals Helped: 80+ through the positive ripple effect on families / friends.

BE UNSTOPPABLE FOUNDATION

Our Supporters



GLADESVILLE RSL
& COMMUNITY CLUB

2025 Ryde ClubGRANTS for $14,130

Supporting the 'Positive Mental Health' for Adults program. 12-week program delivered via zoom workshops in 2026.

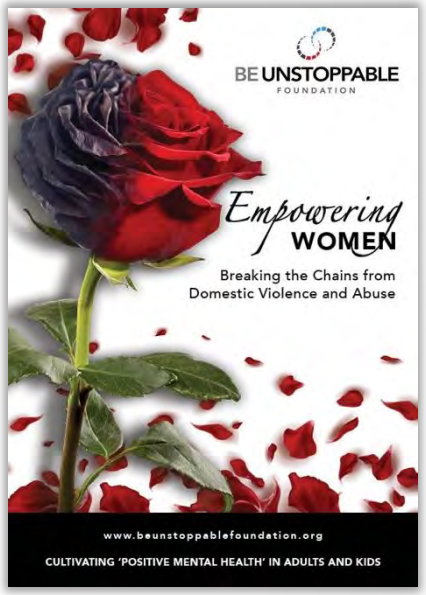
- Registered Participants: 29
- Program Participants: 14
- Individuals Helped: 56+ through the positive ripple effect on families / friends.

BE UNSTOPPABLE
FOUNDATION

Our Supporters



Helping women and children rebuild self-esteem, self-confidence, resilience and other vital skills to meet their own needs and start their new life journey after abuse.



Tradies

2025 Sutherland

ClubGRANTS for $26,634

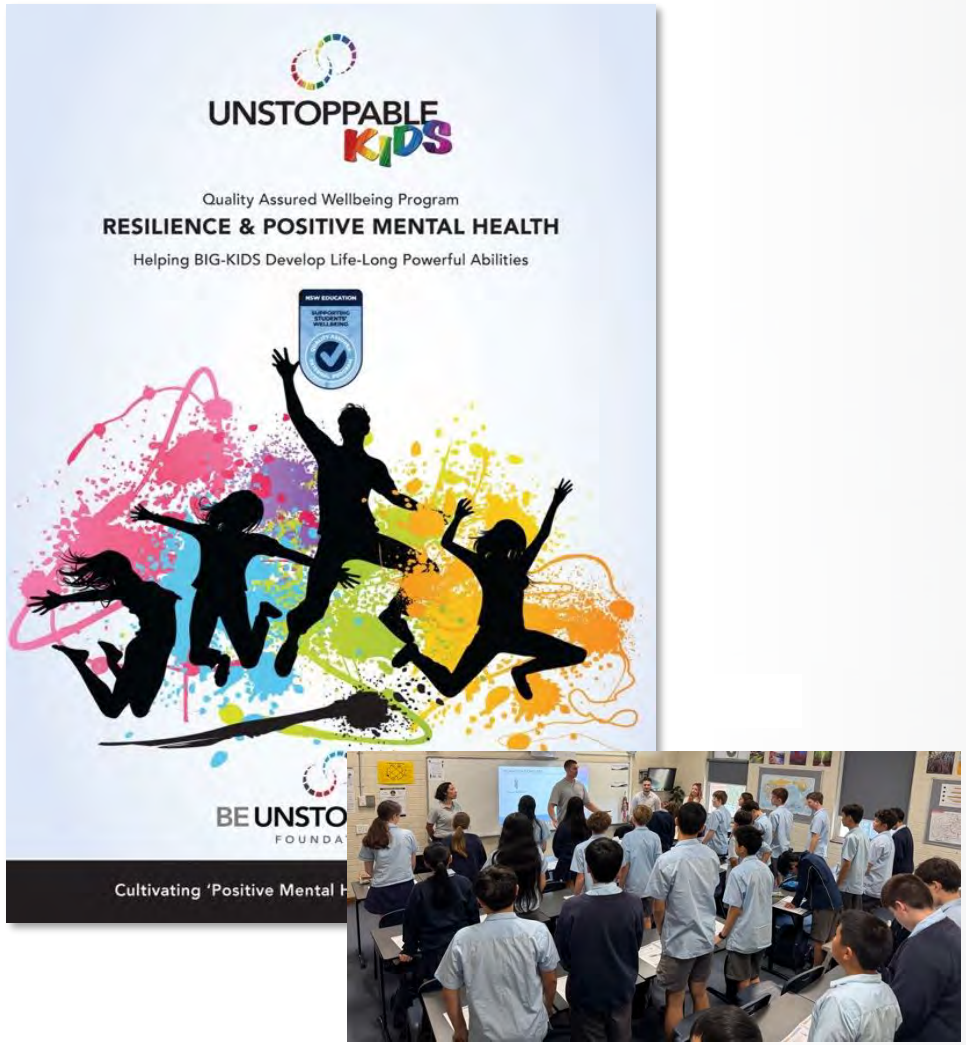
Supporting the Empowering Women – Breaking the Chains from Domestic Violence and Abuse program.

10-week program delivered in-person at Tradies Gymea in 2026.

- Registered Participants: 31
- Program Participants: 16
- Individuals Helped: 64+ through the positive ripple effect on families / friends.

BE UNSTOPPABLE FOUNDATION

Our Supporters



CH RG
- Castle Hill RSL Group -

2025 The Hills

ClubGRANTS for $24,075

Supporting UNSTOPPABLE KIDS at Model Farms High School.

Delivered in 2026 - Term 1 of school to 180 students in Year 8.

MODEL FARMS HIGH SCHOOL
MAGNA FACTA

BE UNSTOPPABLE FOUNDATION

Our Supporters



Chatswood Your Club!

2025 Willoughby ClubGRANTS for $22,557

Supporting the 'Positive Mental Health' for Adults program. 10-week program delivered in-person at Chatswood RSL in 2026.

- Registered Participants: 70
- Zoom Program Capacity: 31
- Individuals Helped: 140+ through the positive ripple effect on families / friends.

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Our Supporters





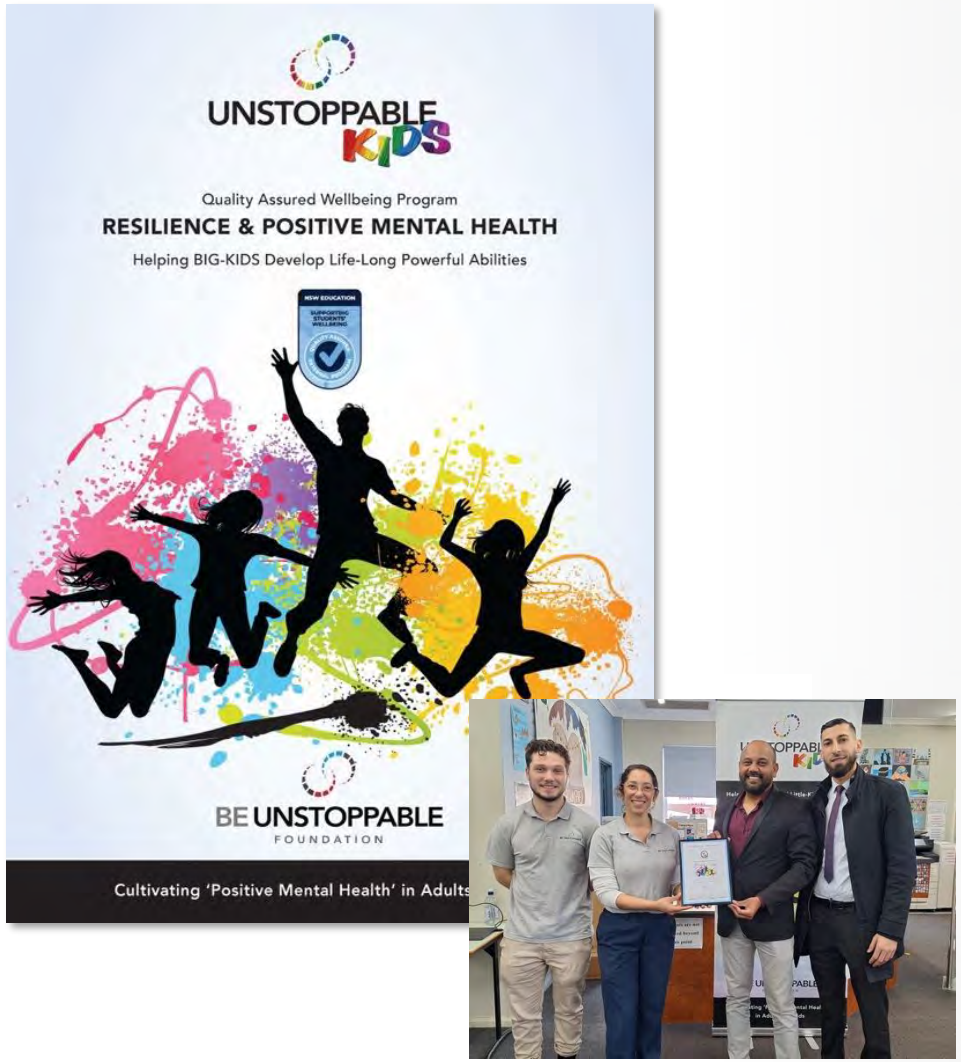
2025 School-Funded $26,000

Program in Auburn, Minto and Liverpool Locations

Delivering UNSTOPPABLE KIDS at
Al-Faisal College.

Delivered in 2025 - Term 3 of school
to 360 students in Year 9.

Our Supporters



2025 BE UNSTOPPABLE funding $6,272

Part of the IP Agreement with the NSW Department of Education

Delivering UNSTOPPABLE KIDS at the Australian Islamic College of Sydney.

Delivered in 2026 - Term 2 of school to 110 students in Year 9.

Our Supporters



origin

2025 Eraring Community Investment Grant $27,510

Supporting the 'Positive Mental Health' for Adults program. 10-week program delivered in-person at Dora Creek Workers Club in 2026.

- Registered Participants: 33
- Zoom Program Capacity: 31
- Individuals Helped: 140+ through the positive ripple effect on families / friends.

BE UNSTOPPABLE FOUNDATION

Annual Gala

Raising Awareness for Mental Health

and Celebrating Success



BE UNSTOPPABLE FOUNDATION

Annual Gala – 30 May 2026





BE UNSTOPPABLE FOUNDATION
Board of Directors

From Left: Ron Browne, Simone De Mario Henry, Dee Raquel Joma (Founder), Benita Samaha, Doug Kirkham and Tony Bonanno.

Annual Gala – 30 May 2026









Raising $40,810

after event expenses.

All funds are allocated to the ongoing expenses of the charity and supporting the community with programs and counselling.

Event Sponsor – Parra Leagues

As pictured on left with certificate.

Hosted at Wenty Leagues

BE UNSTOPPABLE FOUNDATION

Annual Gala – 30 May 2026









BE UNSTOPPABLE
FOUNDATION

Annual Gala – 30 May 2026



Annual Charity Gala



BE UNSTOPPABLE FOUNDATION TEAM

From Left: Rob Feeney, Lizzie Mawson, Mikaela Stowe, Nikki Deed, Benita Samaha (Director), Dee Raquel Joma (Founder), Angelina Joma, Simone De Mario Henry (Director), Emily Pearson, Kate Cole and Lamgi Lora.

Annual Gala – 30 May 2026

Event Major Sponsors

PARRA LEAGUES

Coca-Cola EUROPACIFIC PARTNERS AUSTRALIA

eXtrapreneur services™

McKenzie PARTNERS

PRANCING HORSE LUXURY DRIVING EXPERIENCES

Event Sponsors

Ford Peter Warren Ford

Parramatta Eels

ST.GEORGE VENUES

WENTY LEAGUES

CABRAVALE COMMUNITY

RSL Chatswood Your Club!

Campbelltown Catholic Club

Carlton & United Breweries

OUTBACK STEAKHOUSE

Carolyn Yin Counselling

James Squire

mounties group

WSI Airport TRANSFERS™

Twin Creeks golf & country club

North Ryde RSL Community Club Ltd

Lynwood Golf & Country Club

C-CHANGE and Transformation Life Coaching Training Supervision

Over the Top Hair Design Academy Award Winning Salon

CHRG Castle Hill RSL Group

BL BRIGHTON LAKES RECREATION & GOLF CLUB

Jessie & Jase

Trattoria Sottocasa

verve Portraits

BE UNSTOPPABLE FOUNDATION

The Foundation’s Future

Strategic Planning for the Future

Our Goals



BE UNSTOPPABLE FOUNDATION

Our Goals - What we see for the future!

STAGE 1 - PROJECTIONS FOR SUSTAINABLE GROWTH – HIGH COMMUNITY IMPACT

- Generate $2.2 million in grants and donations per year
- Deliver 32 x UNSTOPPABLE KIDS – School Programs per year (8 per term) – helping 5,000 teenagers per year.
- Deliver 16 x ‘Positive Mental Health’ for Adults – Online Group Workshop Programs per year (4 per quarter).
- Deliver 4 x ‘Positive Mental Health’ for Adults – In-Person Workshop Programs per year (1 per quarter).
- Deliver 16 x Empowering Women – Breaking the Chains from Domestic Violence and Abuse Programs per year (4 per quarter).
- Deliver 16 x ‘Positive Mental Health for Families’ – In-Person Workshop Programs per year (4 per quarter).
- Deliver 4 x ‘Riding for Positive Mental Health’ for Adults – Bike Riding / Mental Health Programs per year (1 per quarter).

  - Combined adult programs help over 1,320 adults per year with direct benefit.
  - Over 5,280 people per year with ripple effect benefit for families of the adults.

Collectively educating and helping over 10,280 people annually

Charity overhead administration costs managed at less than 10% of total revenue generated, ensuring maximum use of revenue granted to deliver the Foundation’s purpose and help others.

BE UNSTOPPABLE FOUNDATION

Our Goals - What we see for the future!

STAGE 2 - CHARITY AND PROGRAM EXPANSION

- The number of programs delivered annually will increase as the charity secures consistent funding from multiple sources.

- The foundation needs a space to run the charity, which will be used as both a location to deliver programs, as well as a training space to develop the facilitation skills of more counsellors, coaches and psychologists, and to deliver one-one-one support sessions with participants.

- Our vision requires sustainable generosity, to enable us to help people manage ‘adverse mental health’ and cultivate mental strength for the ‘positive mental health’ for all Australians.

- We are seeking Government support, philanthropic funding and long-term large business sponsorships to collaborate with the foundation for long-term positive community impact.

Governance

Our Board of Directors

Our Incredible Team



BE UNSTOPPABLE FOUNDATION

Governance – Our Board of Directors

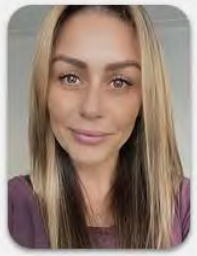
The BE UNSTOPPABLE FOUNDATION has a board of six high calibre directors. The directors come with extensive credentials and professional experience, ranging from 15 to 45+ years. The collective knowledge and experience of our directors is an invaluable resource to be shared in order to assist all people, inclusive of mentally and emotionally healthy adults and kids, and vulnerable people with access to high quality mental health educational programs, as well as mental health support.



Dee Raquel Joma

Founder / Executive Director / CEO

Bachelor of Coaching/Counselling
ICF Professional Certified Coach
25+ Years Professional Experience



Simone De Mario Henry

Director / Head Counsellor / COO

Certified Counsellor with the Australian Counselling Association.
5+ Years Professional Experience



Ron Browne

Director / Secretary

45+ Years Professional Experience with Business Development, Governance, Sales and Training.



Douglas Kirkham

Director

40+ Years Professional Experience Leading Various Organisations and Governance. Justice of the Peace.



Benita Samaha

Director

Professional Collaborated Coaching Facilitator.
20+ Years Professional Experience



Tony Bonanno

Director

Accredited Behavioural Assessment and Profiling Coach
33+ Years Professional Experience

Governance – Our Team

The BE UNSTOPPABLE FOUNDATION has a team of certified counsellors and psychotherapists, as well as psychology graduates, accredited through the Psychotherapy and Counselling Federation of Australia, and the Australian Counselling Association. The team of professional coaches are all credentialed with degrees through various universities/colleges, led by the Founder who is an International Coach Federation Professional Certified Coach.

All staff undergo in-house training on program content, service deliverables, expectations and other organisational policies. Staff receive regular supervision throughout program roll-out, ensuring competency of practice and outcomes being achieved, as well as a platform to resolve issues. Part of supervision is the internal support and protection of the mental health and wellbeing of our team.



View The BE UNSTOPPABLE Team's Profile:
https://www.beunstoppablefoundation.org/meet-the-team

CONTACT US

1800 THINK WELL or 1800 844 659

info@beunstoppablefoundation.org

www.beunstoppablefoundation.org

The BE UNSTOPPABLE FOUNDATION is a registered Charity with the Australian Charities and Not-for-Profits Commission (ACNC) as a Health Promotion Charity. The Foundation is endorsed with Deductible Gift Recipient (DGR) status with the Australian Taxation Office from 8 Jan 2021 - ABN 14 646 627 796.

BE UNSTOPPABLE COACHING

DRIVE

UNSTOPPABLE KIDS



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